



## **Review of the relationship between Temperament and Qualities in the predisposition to Illness Conditions**

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### **Abstract**

Identifying and understanding one's temperamental combination provides valuable insight into the predisposition to illness conditions and disease progression. The aim of this study was to validate the relationship between an individual's dominant temperamental quality in relation to qualities associated with illness conditions, as an indicator to the predisposition to illness/es. The study was conducted over a period of six months by qualified Unani-Tibb practitioners at the Tibb Treatment centres in Cape Town. Five hundred (500) patients aged between 8-84 years old were included into the study. A comprehensive consultation was conducted, recording patient's age, gender, and temperamental combination (dominant/sub-dominant) including dominant quality associated therewith. Past medical history, qualities with humoral imbalance associated with presenting signs and symptoms, including western diagnosis, was documented, respectively. The conditions were also identified as acute or chronic.

The results confirm the hypothesis that an increase in the dominant quality associated with an individual's temperament will lead to illness condition/s having similar quality/ies, irrespective of whether the conditions are acute and/or chronic. There was also a definite gradient between the dominant quality of the patient's temperamental combination, with respect to acute and chronic conditions, where acute conditions were higher in children and young adults, whereas chronic conditions increased with age. The results also highlighted a substantial increase in illness conditions, especially chronic after the age of 40 because of the weakening of physis, the body's self-healing mechanism. Significantly, the research also highlighted the role of the Tibb Six Lifestyle Factors as being the cause/s, of both health and disease, within the context of aetiology, pathology, diagnosis, and treatment.

**Keywords:** Temperament; Qualities; Predisposition; Illnesses

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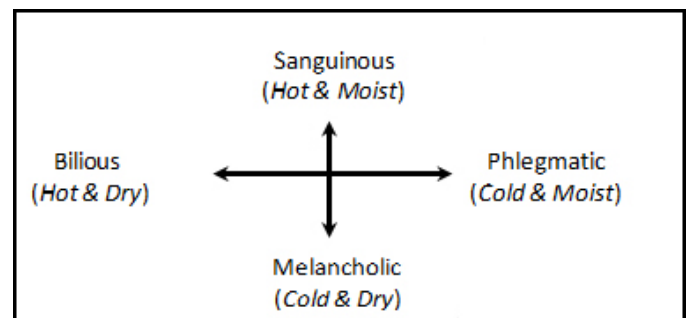
## Introduction

The temperamental theory is derived from Greek philosophers who hypothesized that everything in the universe is created from four primary elements with corresponding qualities: Fire (Hot & Dry), Air (Hot & Moist), Water (Cold & Moist), and Earth (Cold & Dry)<sup>1,2,3,4</sup>. Depending on the ratio of the four primary elements that make up an entity, the opposing qualities in the entity will reach a state of equilibrium resulting in an overall *quality*. This overall quality is known as *temperament*. Every part of creation, be it mineral, plant or animal has an overall temperament. In human beings the concept of temperament extends from cells to tissues to organs and finally to each individual having a unique temperament<sup>5</sup>.

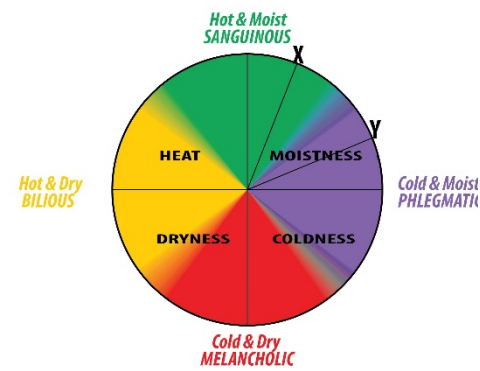
Hippocrates emphasized the importance of identifying an individual's temperament in his famous saying "*It is more important to know what sort of person has a disease, than to know what sort of disease a person has*". Knowing a person's temperament provides valuable insights into the predisposition of illness conditions as well as the maintenance of health within the context of the application of lifestyle factors in both health promotion and illness management<sup>5,6</sup>. Galen added to the above concept, whilst recognizing the uniqueness of each individual, he categorized people into four main temperamental types with respective qualities: Sanguinous, Phlegmatic, Bilious (also known as choleric) and Melancholic, each with respective qualities – Sanguinous (Hot & Moist); Phlegmatic (Cold & Moist); Bilious (Hot & Dry); and Melancholic (Cold & Dry)<sup>7</sup>.

Florence Litauer in her description of the personality traits of the four temperamental types mentions that "*We need each temperament for the total functioning of the body*". This highlights that whilst each person has personality traits/attributes from all four temperaments, each individual has a dominant temperament, less of a second even less of a third and the least amount of the fourth temperament<sup>8</sup>.

Within the context of opposite qualities not existing simultaneously, nothing can be hot and cold; nor moist and dry at the same time, the Institute hypothesized that an individual's temperamental combination will have a dominant temperament, a second less (sub-dominant temperament) that will be adjacent to the dominant temperament, and the least temperament being opposite. For example, a person with a dominant Sanguinous temperament with Hot & Moist qualities, will have a sub-dominant temperament of either Bilious (Hot & Dry qualities) or Phlegmatic (Cold & Moist qualities) and not a Melancholic temperament with Cold & Dry qualities, as this is opposite to the qualities associated with the Sanguinous temperament<sup>9</sup>.



Elaborating on the overall qualities associated with an individual's temperamental combination, the adjacent chart is reflective of an individual with a dominant sanguinous, sub-dominant phlegmatic temperament as indicated with the line marked X. This person will have an overall dominant quality of moistness less heat, followed by coldness and the least amount of dryness. Similarly, an individual with dominant phlegmatic, sub-dominant sanguinous temperament (marked with a Y) will also have an overall quality of moistness but followed with coldness than heat and the least amount of dryness. However, both temperamental combinations have a dominant quality of moistness and the least amount of the dryness quality<sup>10</sup>. The dominant quality associated with the individual's temperament is indicative of predisposition to illness conditions having similar qualities. For example, a person with a Sanguinous/Phlegmatic temperamental combination, with a dominant quality of moistness will be predisposed to clinical disorders where moistness is the dominant quality as in Type 2 Diabetes or phlegm related asthma.



The above hypothesis of a dominant/sub-dominant temperament being next to each other, together with the dominant quality associated with the temperamental combination was evaluated in a research project that was included in the Postgraduate Diploma in Unani-Tibb (PGD-UT) at the University of the Western Cape, by 27 students on 2151 patients in the 2006 academic year, entitled "Correspondence of Qualities and Temperament in patients suffering from hypertension, type 2 diabetes, HIV & AIDS and bronchial asthma"<sup>11</sup>.

Just as different temperamental types are associated with different qualities, illness conditions are also characterized in terms of qualities, interpreted from the signs and symptoms associated with the particular condition<sup>10</sup>. Most, if not all illness conditions, begin with an excess of one of the four qualities of heat, coldness, moistness, and dryness, as well as a second associated quality. An example of this is the common cold which typically develops in the cold season of the year. If this cold imbalance is not corrected, colds and flu like symptoms develop and are often associated with an increase in mucous production such as a runny or congested nose, productive cough etc. Therefore, colds and flu are associated with qualities of coldness with moistness. Similarly, constipation is linked to qualities of dryness with coldness as intestinal motility slows and the level of fluid is low resulting in the formation of dry, hard, dehydrated stools<sup>9</sup>.

Changes to the ideal qualitative state of an individual results from the qualitative effect/influence of the Tibb Six Lifestyle Factors. These include Environmental Air and Breathing; Food and Drink; Sleep and Wakefulness; Movement and Rest; Emotions and Feelings; Elimination, where each of the Lifestyle Factors have specific qualities. For example, weather is either hot or cold, foods such as ginger are heating, sleep is cooling, and physical exercise produces heat. More significantly, an increase in the dominant quality associated with an individual's temperamental combination will have a negative effect resulting in signs and symptoms/illness conditions with similar quality/ies - is indicative of the predisposition of illness conditions linked to an individual's dominant quality<sup>12</sup>.

## Other Tibb principles underpinning the research

Having introduced the concept of temperament, qualities, and lifestyle factors within the context of health promotion and in the management and treatment of illness conditions, a brief overview of the following Tibb philosophical principles are provided below.

**Physis:** Hippocrates described physis as “*vis medicatrix Natura*” or ‘*the ability of the body to heal itself*’<sup>10</sup>. Physis is the sum total of the body’s natural, instinctive reactions and responses to maintain and where necessary restore homeostasis - it is part of our genetic make-up. Physis is responsible for maintaining homeostasis between the physical, mental, emotional, and spiritual aspects of each person<sup>13</sup>. At a **Physical level:** Physis controls the millions of biochemical reactions taking place at any instant – for protection, for growth, tissue maintenance, reproduction and repair, **Physiological functions:** Physis ensures that all metabolic functions, between the different organs and systems of the body are efficient and waste/toxins are removed, **Psychological functions:** Ensuring harmony and balance of emotions, and the maintenance of good mental health is regulated by Physis, **Nervous system:** Physis ensures that effective communication to and from the brain - controls all mental, emotional and physical activities - mind, body, interaction, **Defence mechanism:** Ensuring that infections arising from outside do not disturb the body’s internal harmony from an efficient immune system. It is important to note that the immune system is only one of the many systems/functions controlled by physis<sup>13</sup>.

Unfortunately, in keeping with the circle of life, and as death is inevitable, and, just as our metabolism slows down with age, the efficiency of physis to restore homeostasis becomes weaker from the age of 40 onwards.

**Humours:** In his book, “Al-Umur Al-Tabi’yah (Principles of Human Physiology in Tibb)” Hakim Sayed Ahmed describes the role of humours as postulated by Hippocrates:

*“The basis of health is the right proportion and specific equilibrium of humours according to their quality (and quantity) i.e. homeostasis in the internal environment. As long as this homeostasis in the internal environment is maintained, the body remains healthy. **This is the basis of health preservation and preventative medicine.** Second, when the normal proportion and specific equilibrium of humours is altered, the internal environment reaches a state of imbalance, and thus disease develops. **This is the basis of aetiology and pathology of disease.** Third, when this wrong proportion and altered equilibrium of humours is corrected, health can be recovered. **This is the basis of treatment.**”*

Tibb philosophy recognizes that just as each person has a unique temperament, each individual also has a unique humoral composition made up from the four humours: Sanguinous; Phlegmatic; Melancholic; and Bilious. Associated with each humours are the qualities of heat, coldness, moistness and dryness, which results in every person having a unique humoral composition with an overall ideal qualitative state which if it is in harmony with the overall qualitative state of an individual’s temperament health will be maintained. Changes to this ideal humoral imbalance occurs from

the qualitative effect from Lifestyle Factors, which if beyond the ability of physis to restore homeostasis, will result in signs and symptoms/illness conditions, associated with different humoral imbalances<sup>14</sup>.

Whilst extensive literature is available on the different temperaments and its associated qualities, the link between temperament, humoral imbalances, and the predisposition to illness conditions is not clearly defined. The purpose of this research is to identify this link, which could be beneficial in both health promotion and illness management within the context of aetiology, pathology, diagnosis, and treatment.

## **Research Design**

### ***Research aim***

Based on the above rationale the aim of the research project was to further validate the relationship between an individual's temperament and its associated quality/ies on the predisposition to illness conditions/signs and symptoms.

### ***Research questions***

- a) Is the dominant quality of an individual's temperament indicative of a predisposition to illness conditions?
- b) Do the signs and symptoms of illness conditions vary in relation to the quality associated with an individual's temperamental combination?

### ***Research objectives***

- To validate the hypothesis that the dominant quality of the temperamental combination is indicative of a predisposition to specific illness conditions.
- To validate the hypothesis that the signs and symptoms of illness conditions vary in relation to an individual's temperamental combination.

### ***Researchers***

The research was conducted over a period of six months by qualified Unani-Tibb Practitioners registered with the Allied Health Professions Council of South Africa (AHPCSA).

### ***Patient selection***

A total of five hundred (500) patients, aged between 8 and 84 were included into the study.

### ***Methodology***

After recording, the patient's age and sex, a temperamental evaluation of the patient's dominant/sub-dominant temperament together with the dominant quality was assessed. This was followed by recording the patient's previous medical history, the presenting signs and symptoms and diagnosis from both conventional/Western perspective as well as from the Tibb humoral perspective.

In keeping with the aim of the research to assess the relationship between an individual's dominant temperamental quality and the predisposition to illness conditions, the following was tabulated.

- Where the quality/ies associated with one or more of the illness conditions were the same as the dominant quality associated with the individual's temperament, this was recorded as "Yes".
- Where illness condition/s with at least one or more of the qualities associated were the same as the dominant quality and other condition/s not having the same quality - this was recorded as "Yes/No".
- Where none of the illness condition/s had the same quality of the dominant quality associated with the patient's temperament – this was recorded as "No".

Also included was whether the illness conditions were "Acute", "Chronic", or "Chronic/Acute" in the different age groups. This provided information on the types of conditions that presented during the ages from infancy to aged adult, in relation to the dominant quality of an individual's temperament.

The table below reflects a sample of patient's details of the five hundred patients.

**Table 1:** Patient details, Temperament (dominant/sub-dominant), Overall Dominant Quality of patient, Diagnosis/Signs & Symptoms/Medical History, Humoral link to S&S/illness/es, S&S linked to Dominant Quality, Acute/Chronic/or both

Patient Initials, Sex, Age	Temperament: Dominant/Sub-dominant	Overall Dominant Quality of Patient	Diag/S&S/Previous Medical History/Qualities Associated with Illness/es	Humours linked to Signs & Symptoms	S&S/Illness/s linked to Overall Dominant Quality of Patient	Acute (A)/Chronic (C) or Chronic + Chronic/Acute (C+C/A)
I.L.(M), 11	P/S	<u>Moist</u>	Influenza (tonsillar enlargement, fever) <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A
M.P.(F), 41	S/B	<u>Hot</u>	UTI (ubg, Hb, leucocytes) <b>Hot</b> & Dry, Myositis (MSK) (backpain) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Hot</b> & Moist	Sang/Bil/Mel	<b>Yes/No</b>	C/A
A.S.(F), 61	P/S	<u>Moist</u>	Myositis (MSK) (back pain) <u>Cold &amp; Dry</u>	Phleg/Mel	<b>No</b>	C

Upon completion of the five hundred patients, a critical assessment of the results and discussion within the context of the research aim and objectives were completed. *Complete details of the 500 patients, as mentioned above are available on the Institute's website, <http://www.tibb.co.za>*

## Results

Five hundred (500) patients were included into the study, ranging from 8-84 years of age, of which 197/500 = 39% were males and 303/500 = 61% were females. As the research was completed during the wet and cold climate in Cape Town, it is interesting to note that the breakdown of the dominant quality of the illness conditions associated with the five hundred patients include 197 Moist, 135 Cold, 99 Hot and 69 Dry, reflecting the influence of weather on illness

conditions. The illness conditions identified in the research with **Cold & Moist** qualities included Upper and Lower Respiratory Tract Infections, Influenza, Sinusitis, Asthma, Otitis media, Tonsillitis, Lymphadenitis, PCOS, Nausea and vomiting and Diarrhoea whereas those associated with **Cold & Dry** qualities Myositis, Osteoarthritis, Carpel tunnel syndrome, Nerve entrapment, Sciatica, Gout, Renal Calculi, Xeroderma, Angina and Cholesterol. Illnesses associated with **Hot & Dry** qualities includes Allergic rhinitis, Laryngitis, Bronchitis, Gastroenteritis, Gastritis, Stress, Dermatitis, Furuncle, Scalp infection, Pyelonephritis and Menorrhagia. Illness conditions associated with **Hot & Moist** Qualities included Hypertension, Diabetes, Scabies and Urinary Tract Infection.

Listed below is the results of qualities in relation to the dominant quality of patients in different age groups and whether conditions were Acute or Chronic

**Table 2:** Results of illness qualities in relation to the dominant quality of patients in different age groups and whether conditions were Acute or Chronic

Age group	Description of different age groups	Yes	Yes/No	(Yes + Yes/No)	No	Acute	Chronic + Chronic/Acute
<b>0-19 (14)</b>	children to young adult	14/14 = 100%	0	14/14 = 100%	0	14/14 = 100%	0/14 = 0%
<b>20-29 (133)</b>	Young adult	125/133 = 94%	7/133 = 5%	132/133 = 99%	1/133 = 0.75%	120/133 = 90%	13/133 = 10%
<b>30-39 (92)</b>	Mature adult	76/92 = 83%	16/92 = 17%	92/92 = 100%	0	72/92 = 78%	20/92 = 22%
<b>40-49 (83)</b>	Middle-age adult	58/83 = 70%	21/83 = 25%	79/83 = 95%	4/83 = 5%	31/83 = 37%	52/83 = 63%
<b>50-59 (97)</b>	Senior adult	51/97 = 52%	39/97 = 40%	80/97 = 93%	7/97 = 7%	10/97 = 10%	87/97 = 90%
<b>60-69 (45)</b>	Older adult	18/45 = 40%	26/45 = 58%	44/45 = 98%	1/45 = 2%	2/45 = 4%	43/45 = 96%
<b>70-89 (36)</b>	Aged adult	13/36 = 36%	22/36 = 61%	35/36 = 97%	1/36 = 3%	0/36 = 0%	36/36 = 100%
				Average 97.4%	Average 3.6%		

As can be seen in the above table in the “Yes” column, there is a steady decline in patients whose signs and symptoms/illness conditions have at least one or more quality/ies similar to the dominant quality of the patient’s temperament from 100% children/young adults to 36% in aged adults, whereas in the “Yes/No” column there is an opposite trend of an increase from 5% to 61%. However, and more significantly the column “Yes” and “Yes/No” an average of 97.4% patients also had at one or more illness conditions with a similar quality to the patient’s dominant quality. Whereas in the “No” column only an average of 3.6% of patients did not have any condition with quality/ies similar to the dominant quality of the patient.

Also, noted in the table, is that in “Acute” conditions, there is a decrease of illness conditions from 100% to 0%, whereas there is an increase from 0-100% in “Chronic + Chronic/Acute” conditions. It is interesting to note that in the acute conditions there is a gradual decrease of 10% in patient’s (from 100-90%) in ages 20-29, followed by a decrease of 12% (from 90-78%) in ages of 30-39 with the same opposite increase in chronic + chronic/acute conditions. However, and more significantly there is a spike in the decrease/increase of both “Acute” and “Chronic + Chronic/Acute” conditions of 41% (78-37%) in ages of 40-49 and 27% (37-10%) in ages of 50-59, with a combined total of 68% (41+27%). This

highlights that between the age of 40-59, there is a substantial decrease in acute conditions and an increase in chronic conditions.

### Relationship between the signs and symptoms in relation to an individual's temperamental combination

Below are the results of the relationship between signs and symptoms in relation to an individual's temperamental combination with respect to headaches and coughs.

#### Headaches

Below is a table of 39 patients in the research, with headaches included in the signs and symptoms, associated with the respective illness condition/s. The headaches have been classified into four types Frontal, Temporal, Occipital and Unilateral.

**Table 3:** Headaches: Relationship between headaches and dominant quality of temperament

No of patients and Overall Dominant Quality	Description of headaches	No. of patients/%
<b>Moistness (20 patients)</b>	Headaches (Frontal)	17/20 = 85%
	Headaches (Temporal)	3/20 = 15%
<b>Coldness (13 patients)</b>	Headaches (Frontal)	9/13 = 69%
	Headaches (Occipital)	4/13 = 31%
<b>Dryness (2 patients)</b>	Headaches (Unilateral)	1/2 = 50%
	Headaches (Occipital)	1/2 = 50%
<b>Heat (4 patients)</b>	Headaches (Temporal)	3/4 = 75%
	Headaches (Frontal)	1/4 = 25%
<b>Total No of patients = 39</b>		<b>Total No of patients = 39</b>

Evaluating the relationship of headaches and the dominant quality associated with the patient's temperamental combination. It is interesting to note that of the 39 patients who presented with headaches 20 patients had a dominant quality of moistness. Of these 17/20 (85% presented with frontal headaches, and the remaining 3 had temporal headaches). Also, of the 39 patients with headaches 13 patients had a dominant quality of coldness of which 9/13 (63%) presented with frontal headaches and the balance of 4/13 (31%) presented with occipital headaches. Of the remaining 6 patients 4 patients had a dominant quality of heat of which 3 presented with temporal headaches and 1 with a frontal headache, whereas the 2 remaining patients with a dominant quality of dryness 1 presented with a unilateral headache and 1 with an occipital headache.

From the above there is a dominance of frontal headaches in individuals with dominant moist qualities of which 17/20 (85%), as well as those with dominant cold qualities (63%). It is interesting to note that most patients with headaches have Cold and Moist qualities (33/39 = 85%) and are associated with the phlegmatic dominant/sub-dominant temperamental combination.



### **Upper and Lower Respiratory Tract Infection**

Recognizing that the signs and symptoms associated with Upper Respiratory Tract Infections (URTI) include sore throat, nasal congestion, headaches, tonsil enlargement, inflamed tonsils etc., and the main signs and symptoms of Lower Respiratory Tract Infection (LRTI) include wheezing and tight chest are associated to the lungs, both conditions may include a cough which may either be productive or dry.

The results below are a summary of the relationship between coughs and the dominant quality associated with the temperamental combinations divided in patients with a productive or dry cough.

**Table 4:** Relationship between coughs and the dominant quality of temperament in patients with URTI and LRTI

No of patients and Overall Dominant Quality	Patients with Productive cough - %	Patients with Dry cough - %
Moistness (47 patients)	46/47 = 98%	1/47 = 0,02%
Heat (22 patients)	8/22 = 36%	14/22 = 64%
Coldness (31 patients)	29/31 = 94%	2/31 = 6%
Dryness (10 patients)	4/10 = 40%	6/10 = 60%
<b>Total No of patients = 110</b>	<b>Total = 87</b>	<b>Total = 23</b>

Of the 110 patients 87/110 = 79% had a productive cough whereas 23/110 = 21% had a dry cough. Of the 87 patients with a productive cough, the number of patients with a dominant quality of Moist (46) together with Cold (29) = 75 which translates to 75/87 = 86% of the patients with a productive cough. These patients have a dominant/sub-dominant phlegmatic temperament associated with Cold & Moist qualities. Similarly, of the 23 patients with a dry cough the number of patients with a dominant Dry quality (6) together with the Hot quality (14) which translates to 20/23 = 87% of the patients with a dry cough. These patients have a dominant/sub-dominant bilious temperament associated with Hot & Dry qualities.

Whilst both the results of Headaches and Coughs have highlighted that patients with a dominant/sub-dominant phlegmatic temperamental type are more inclined to frontal headaches as well as a productive cough, the Cold & Moist weather in Cape Town has influenced the above results.

### **Discussion**

#### ***Is the dominant quality of the temperamental combination indicative of a predisposition to illness condition?***

Interpreting the results from Table 2 where 97.4% patient's in the "Yes" and "Yes/No" column have at least one or more conditions with quality/ies similar to the patient's dominant quality, confirms that hypothesis that a patient's dominant quality is indicative of a predisposition to illnesses with similar quality/ies. This is further corroborated by the results of an average of 3.6% of patient's not having similar quality/ies associated with condition/s as the patient's dominant quality, irrespective of whether the condition/s are "Chronic/Acute".

Interpreting the decrease of illness conditions linked to the dominant quality in the “Yes” column with a corresponding increase of illness conditions in the “Yes + Yes/No” columns, can be explained within the context that physis weakens with age to restore homeostasis resulting in illness condition/s arising from qualities other than the dominant quality of the patient. This also highlights the importance of lifestyle management to be taken into account in relation to the dominant quality of an individual, where avoiding an increase in the dominant quality will not only prevent illness conditions having the same quality but also delay the inevitable chronic conditions associated with age and the weakening of physis<sup>15</sup>.

Interpreting the decrease/increase of the results with respect to the “Acute” and “Chronic/Acute” conditions where between the age of 40-59, the decrease in “Acute” conditions and an increase in “Chronic/Acute” conditions of 68%, bears testimony to the diminishing effect of physis to restore homeostasis after the age of 40, as hypothesized in Tibb.

***Do the signs and symptoms of illness conditions vary in relation to the quality associated with an individual's temperamental combination?***

The results on patient's with Headaches, as well as Coughs in patients with Upper Respiratory Tract Infections and Lower Respiratory Tract Infections confirms that signs and symptoms with illness conditions are influenced by the temperament of the patient as mentioned in the above results where most patient's with a frontal headache have a dominant/sub-dominant phlegmatic temperament. Also, most patient's with dominant/sub-dominant phlegmatic temperament will present with a wet cough due to their innate Cold & Moist qualities whereas patient's with a dominant/sub-dominant bilious temperament will have a dry cough with their innate qualities of Hot & Dry.

**Significance of the research**

Significance of the research and the above results highlights the importance of the recognition and appreciation of the relationship between temperament and qualities and the predisposition to illness conditions in aetiology, pathology, diagnosis, and treatment.

**Aetiology within the context of Health Promotion and Illness Prevention**

Historically, Tibb literature review records that poor management of the main Six Lifestyle Factors, is the cause/s of most illness conditions. However, from the above research that highlights the predisposition of illness conditions being associated with an individual's dominant quality, management of lifestyle factors that will not increase the dominant quality will most certainly prevent illness conditions especially in individual's below the age of 40 as physis is still efficient in restoring homeostasis. The research therefore highlights that whilst poor management of the Six Lifestyle Factors can be the cause/s of illness conditions, however, and more significantly well managed lifestyle factors can also be the 'cause' of health promotion/illness prevention especially in young individual's. Research validating this approach of including the Tibb Six Lifestyle Factors in Personalized Lifestyle Programmes was designed for 120 healthy clients, by Ward Based Outreach Teams in the City of Joburg's Health Department, measured in Quality of Life parameters – confirming that the Six Lifestyle Factors are ultimately the cause/s of both health and disease<sup>15</sup>.

### Pathology and Diagnosis

The significance of the above research to pathology and diagnosis is that an understanding of the predisposition of illness conditions linked to an individual's temperament provides insights into the progression of the pathological process, which allows for a more accurate diagnosis of the illness condition, based on the humoral and temperamental theory<sup>10</sup>.

### Treatment

With respect to the significance of the above research in treatment, recognition of the qualities, especially the dominant quality associated with illness conditions allows for a targeted approach to treatment in keeping with the traditional approach of allo-pathic medicine, where the word *allo* is the Greek term for opposite<sup>9</sup>. Therefore, treatment in Tibb is opposite to the quality/ies associated with the illness condition. This approach is confirmed by Ibn Qayyim al-Jawziyyah:

*"In short, the one is hot and the other cold. Each of them contains rectification for the other and can prevent most of its ill effects. This is the basis of all treatment, and a basis for the preservation of health; even more the whole science of medicine makes use of this principle"*<sup>16</sup>.

Treatment based on the concept of opposites is relevant to both pharmacotherapy and the Tibb Lifestyle Factors. For instance, medication formulated to treat a cold and flu will not only include the pharmacological action that will counter/be opposite to the symptoms of a Cold and Flu but also has qualities that is opposite to the signs and symptoms of flu. For example, the pharmacological action of *Zingiber officinale* (ginger) is often included in common cold formulations, as it counteracts the specific symptoms of runny nose, fever/chills; however, it also has Heating qualities which oppose the Cold & Moist symptoms<sup>5</sup>.

Similarly, Lifestyle Factors in treatment of colds and flu is to overcome the Cold & Moistness associated with colds and flu by increasing Hot & Dry qualities from the lifestyle factors, especially diet. Research on the impact of Lifestyle Factors in treatment was included in Individualised Care Plans, that was developed in the management of pre-diagnosed mostly chronic illnesses, measured in Quality of Life parameters on 480 patients, with positive results<sup>15</sup>.

### **Conclusion**

The above research confirms that there is a definite relationship between an individual's temperament and its associated qualities on the predisposition/signs and symptoms to illness conditions. More importantly the research provides insights into the importance of this relationship within the context of aetiology, pathology, diagnosis, and treatment.

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Case Study No.	Patient Initials Sex, Age	TEMP: DOM/ SUB	Overall Dominant quality of Temperamental Combination	Diagnosis/Signs & Symptoms/Previous Medical History	Humours linked to Signs & Symptoms/Illness Conditions	S&S/Illness/s linked to overall dom quality of Temp Comb	ACUTE (A)/CHRONIC (C)
1	A.A.E. (M), 8	P/M	<u>Cold</u>	Cold & Flu (runny nose) <b>Cold &amp; Moist</b> , Ringworm (on face fungal) <b>Cold &amp; Moist</b>	Phleg/Mel	Yes	A
2	I.L. (M), 11	P/S	<u>Moist</u>	Influenza (tonsillar enlargement, fever) <b>Moist &amp; Cold</b>	Phleg/Sang	Yes	A
3	T.T. (F), 11	P/S	<u>Moist</u>	URTI (tonsillar lymph, nasal congestion, productive cough), Headache (frontal) <b>Moist &amp; Cold</b>	Phleg/Sang	Yes	A
4	Z.A. (M), 14	P/M	<u>Cold</u>	URTI (productive cough, sore throat, vomiting phlegm) <b>Cold &amp; Moist</b> . Pmhx: Appendectomy <b>Cold &amp; Dry</b>	Phleg/Mel	Yes	A
5	S.S. (F), 17	P/S	<u>Moist</u>	URTI (sinus congestion, tonsillar enlargement) <b>Moist &amp; Cold</b> , Pmhx: Otitis media (painful ear) <b>Moist &amp; Hot</b>	Phleg/Sang/Bil	Yes	A
6	M.S. (M), 17	P/S	<u>Moist</u>	URTI (runny nose, tonsillar enlargement) <b>Moist &amp; Cold</b>	Phleg/Sang	Yes	A
7	M.S. (F), 17	S/P	<u>Moist</u>	URTI (productive cough, tonsillar enlargement) <b>Moist &amp; Hot</b> . Pmhx: Asthma (Phleg) <b>Moist &amp; Hot</b> , Eczema <b>Moist &amp; Hot</b>	Sang/Phleg	Yes	A
8	T.S. (F), 18	S/P	<u>Moist</u>	LRTI (productive cough, dizziness, sore throat, tonsillar enlargement) <b>Moist &amp; Cold</b> , UTI (leucocytes) <b>Moist &amp; Hot</b> . Pmhx: Aneamia, Asthma (Phleg) <b>Moist &amp; Cold</b>	Sang/Phleg	Yes	A
9	S.S. (F), 18	S/P	<u>Moist</u>	LRTI (productive cough, tight chest) <b>Moist &amp; Cold</b> , URTI (sinusitis) <b>Moist &amp; Cold</b> . Pmhx: Asthma (Phleg) <b>Moist &amp; Cold</b> , Eczema <b>Moist &amp; Cold</b>	Sang/Phleg	Yes	A
10	A.C. (F), 19	S/B	<u>Hot</u>	URTI (follicular tonsillitis, inflamed exudative lesions on tonsils, dry cough) <b>Hot &amp; Dry</b> . Pmhx: Asthma (Bil) <b>Hot &amp; Dry</b>	Sang/Bil	Yes	A
11	K.M. (F), 19	P/M	<u>Cold</u>	Influenza (productive cough, runny nose) <b>Cold &amp; Moist</b> , Myositis (MSK) (lower backache) <b>Cold &amp; Dry</b> , Constipation <b>Cold &amp; Dry</b>	Phleg/Mel	Yes	A
12	T.B. (M), 19	M/P	<u>Cold</u>	Influenza (bodyaches, nasal congestion) <b>Cold &amp; Moist</b> , Dry cough and tight chest <b>Cold &amp; Dry</b>	Mel/Phleg	Yes	A

13	C.I.G. (F), 19	M/P	<u>Cold</u>	Headaches (occipital) <b>Cold &amp; Dry</b> , Mastalgia (breast pain) <b>Cold &amp; Dry</b> , Productive cough <b>Cold &amp; Moist</b> . Pmhx: Tonsillectomy <b>Cold &amp; Moist</b>	Mel/Phleg	<b>Yes</b>	A
14	Z.A. (M), 19	P/M	<u>Cold</u>	Myositis (MSK) (right lower limb pain) <b>Cold &amp; Dry</b> . Pmhx: Meningitis <b>Cold &amp; Moist</b>	Phleg/Mel	<b>Yes</b>	A
15	T.M. (F), 20	S/B	<u>Hot</u>	LRTI (productive cough - green phlegm, burning nostrils, tight chest) <b>Hot &amp; Dry</b> , Stress <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A
16	C. R. (M)	S/P	<u>Moist</u>	Diarrhoea (loose watery stools) <b>Moist &amp; Cold</b> , Nausea <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A
17	C.R. (M), 20	M/P	<u>Cold</u>	Diarrhoea (loose, watery stools, borborygmas) <b>Cold &amp; Moist</b>	Mel/Phleg	<b>Yes</b>	A
18	I.C. (F), 20	P/S	<u>Moist</u>	Influenza (productive cough, nasal congestion, bodyaches) <b>Moist &amp; Cold</b> , Headaches (frontal) <b>Moist &amp; Cold</b> . Pmhx: PCOS <b>Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	A
19	M.B. (F), 20	P/S	<u>Moist</u>	LRTI (productive cough) <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A
20	F.B. (F), 20	P/S	<u>Moist</u>	Dysmenorrhoea (painful period) <b>Moist &amp; Cold</b> , Myositis (MSK) (lower back pain) <u>Cold &amp; Dry</u>	Phleg/Sang/Mel	<b>Yes/No</b>	A
21	S.T. (F), 20	S/P	<u>Moist</u>	URTI (productive cough, tonsillar enlargement) <b>Moist &amp; Cold</b> . Pmhx: Sinusitis <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A
22	N.W. (F), 20	P/M	<u>Cold</u>	URTI (productive cough, sore throat) <b>Cold &amp; Moist</b>	Phleg/Mel	<b>Yes</b>	A
23	M.K.B. (M), 20	M/P	<u>Cold</u>	URTI (tonsillar enlargement) <b>Cold &amp; Moist</b> , Tight chest (2wks) with dry cough <b>Cold &amp; Dry</b>	Mel/Phleg	<b>Yes</b>	A
24	F.H. (M), 20	P/M	<u>Cold</u>	URTI (productive cough, sore throat) <b>Cold &amp; Moist</b> , Painful ankle (MSK joint pain) <b>Cold &amp; Dry</b>	Phleg/Mel	<b>Yes</b>	A
25	L.R. (F), 20	P/M	<u>Cold</u>	URTI (very phlegmy, sore throat) <b>Cold &amp; Moist</b>	Phleg/Mel	<b>Yes</b>	A
26	C.L.V.W. (F), 20	P/S	<u>Moist</u>	UTI (burning urination, increased urinary urgency) <b>Moist &amp; Hot</b>	Phleg/Sang	<b>Yes</b>	A
27	T.C. (F), 21	P/S	<u>Moist</u>	Furuncle (painful, inflamed boil, fever) <u>Hot &amp; Dry</u>	Phleg/Sang/Bil	<b>No</b>	A
28	H.R. (M), 21	M/P	<u>Cold</u>	Headaches (frontal) <b>Cold &amp; Moist</b> , Myositis (MSK) (lower back pain) <b>Cold &amp; Dry</b>	Mel/Phleg	<b>Yes</b>	A

29	K.B. (M), 21	M/P	<u>Cold</u>	Myositis (MSK) (knee pain, cold, swollen) <b>Cold &amp; Dry</b>	Mel/Phleg	<b>Yes</b>	A
30	C.L. M (F), 21	P/M	<u>Cold</u>	Myositis (MSK) (lower back pain) <b>Cold &amp; Dry</b> , Headaches (frontal) <b>Cold &amp; Moist</b>	Phleg/Mel	<b>Yes</b>	A
31	S.C. (M), 21	B/M	<u>Dry</u>	URTI (sore throat, nose bleeds, tonsils inflamed) <b>Dry &amp; Hot</b> , Headache (unilateral) <b>Dry &amp; Hot</b>	Bil/Mel	<b>Yes</b>	A
32	S.W. (F), 21	S/P	<u>Moist</u>	UTI (burning urine) <b>Moist &amp; Hot</b>	Sang/Phleg	<b>Yes</b>	A
33	R.C. (M), 22	P/M	<u>Cold</u>	Diarrhoea (loose stools, stomach pain) <b>Cold &amp; Moist</b> , Vomitting <b>Cold &amp; Moist</b>	Phleg/Mel	<b>Yes</b>	A
34	M.A.C. (M), 22	S/B	<u>Hot</u>	Gastroenteritis (loose stools, abdominal cramps, nausea, urine: bilirubin 1+, ketones) <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A
35	T.B. (M), 22	B/S	<u>Hot</u>	Gastroenteritis (nausea, loose stools) <b>Hot &amp; Dry</b>	Bil/Sang	<b>Yes</b>	A
36	H.W. (F), 22	M/P	<u>Cold</u>	Headaches (occipital, low water intake) <b>Cold &amp; Dry</b> . Pmhx: PCOS <b>Cold &amp; Moist</b>	Mel/Phleg	<b>Yes</b>	A
37	K.M. (F), 22	P/M	<u>Cold</u>	Influenza (productive cough, runny nose, sob, tight chest, sore throat) <b>Cold &amp; Moist</b> , Headache (frontal) <b>Cold &amp; Moist</b> . Pmhx: Tonsillectomy <b>Cold &amp; Moist</b>	Phleg/Mel	<b>Yes</b>	A
38	M.A. (F), 22	P/S	<u>Moist</u>	Influenza (productive cough, tonsillar enlargement, sore throat, bodyaches, fever) <b>Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	A
39	A.D. (F), 22	P/M	<u>Cold</u>	LRTI (productive cough, sore throat, tonsils enlarged, wheezing chest) <b>Cold &amp; Moist</b>	Phleg/Mel	<b>Yes</b>	A
40	K.A. (M), 22	P/M	<u>Cold</u>	Lymphadenitis (lymph node swelling) <b>Cold &amp; Moist</b> , Tonsillitis <b>Cold &amp; Moist</b>	Phleg/Mel	<b>Yes</b>	A
41	I.M. (M), 22	M/P	<u>Cold</u>	Myositis (MSK) (lower limb pain) <b>Cold &amp; Dry</b> . Pmhx: Asthma (Mel) <b>Cold &amp; Dry</b>	Mel/Phleg	<b>Yes</b>	A
42	T.D.K. (F), 22	M/P	<u>Cold</u>	URTI (left earache, enlarged tonsils, fever) <b>Cold &amp; Moist</b>	Mel/Phleg	<b>Yes</b>	A
43	Y.M. (F), 22	M/P	<u>Cold</u>	URTI (productive cough) <b>Cold &amp; Moist</b>	Mel/Phleg	<b>Yes</b>	A
44	A.S. (F), 22	P/M	<u>Cold</u>	URTI (produtcive cough, sore throat, runny nose) <b>Cold &amp; Moist</b> . Pmhx: Tonsillectomy <b>Cold &amp; Moist</b>	Phleg/Mel	<b>Yes</b>	A
45	M.D.S. (M), 22	P/S	<u>Moist</u>	URTI (runny nose, productive cough-white phlegm) <b>Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	A
46	J.P. (M), 22	P/S	<u>Moist</u>	URTI (sore throat, blocked nose, tonsillar enlargment) <b>Moist &amp; Cold</b> , HTN 150/100 <b>Moist &amp; Hot</b>	Phleg/Sang	<b>Yes</b>	A

47	<b>N.B.</b> (F), 22	P/M	<b>Cold</b>	URTI (chronic nasal congestion at night, earache) <b>Cold &amp; Moist</b> , Sinusitis <b>Cold &amp; Moist</b> . Pmhx: Asthma (Phleg) <b>Cold &amp; Moist</b>	Phleg/Mel	<b>Yes</b>	A
48	<b>T.M.</b> (F), 22	M/B	<b>Dry</b>	UTI (burning, painful urination, menstrual flow excessive) <b>Dry &amp; Hot</b> , URTI (sore throat, nasal mucosa inflamed, fever) <b>Dry &amp; Hot</b>	Mel/Bil	<b>Yes</b>	A
49	<b>S.F.</b> (M), 22	S/P	<b>Moist</b>	Influenza (nasal congestion, runny nose, productive cough, burning throat) <b>Moist &amp; Hot</b> . Pmhx: Epilepsy <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A/C
50	<b>S.A.</b> (F), 22	M/P	<b>Cold</b>	Influenza (productive cough, sore throat, nasal congestion, loss of appetite) <b>Cold &amp; Moist</b> . Pmhx: Depression <b>Cold &amp; Moist</b>	Mel/Phleg	<b>Yes</b>	A/C
51	<b>A.A.</b> (F), 22	P/S	<b>Moist</b>	PCOS (irregular menstruation - Ammenorrhoea) <b>Moist &amp; Cold</b> . Pmhx: Asthma (Phleg) <b>Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	C
52	<b>A.S.</b> (M), 23	P/M	<b>Cold</b>	Abdominal pain (increased flatulence/left lower abdominal pain) <b>Cold &amp; Dry</b>	Phleg/Mel	<b>Yes</b>	A
53	<b>C.N.</b> (F), 23	B/S	<b>Hot</b>	Bronchitis (productive green phlegm, inflamed throat, painful, burning chest) <b>Hot &amp; Dry</b>	Bil/Sang	<b>Yes</b>	A
54	<b>S.M.</b> (F), 23	P/M	<b>Cold</b>	Dizziness <b>Cold &amp; Dry</b> , Anxiety <b>Cold &amp; Dry</b> , Nausea <b>Cold &amp; Moist</b>	Phleg/Mel	<b>Yes</b>	A
55	<b>T.G.</b> (F), 23	P/S	<b>Moist</b>	Stye (painfull and inflamed eyeld, blurry vision) <b>Moist &amp; Hot</b> , BP 150/100 <b>Moist &amp; Hot</b>	Phleg/Sang	<b>Yes</b>	A
56	<b>S.L.</b> (F), 23	M/B	<b>Dry</b>	URTI (sore throat, ear pain, tonsils-exudative lesions) <b>Dry &amp; Hot</b> . Pmhx: Appendectomy <b>Dry &amp; Cold</b> , L-arm fracture <b>Dry &amp; Cold</b>	Mel/Bil	<b>Yes</b>	A
57	<b>J.M.</b> (F), 23	P/S	<b>Moist</b>	URTI (tonsil enlargement, nasal congestion) <b>Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	A
58	<b>N.A.</b> (F), 23	P/S	<b>Moist</b>	URTI (sore throat, tonsillar enlargment) <b>Moist &amp; Cold</b> . Pmhx: Ear op <b>Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	A
59	<b>A.H.</b> (M), 23	P/S	<b>Moist</b>	URTI (nasal congestion) <b>Moist &amp; Cold</b> , Conjunctivitis (inflamed, pruritic, painfull conjunctiva) <b>Hot &amp; Dry</b>	Phleg/Sang/Bil	<b>Yes/No</b>	A
60	<b>S.A.</b> (F), 24	S/B	<b>Hot</b>	Dermatitis (dry, itchy lesions on the hands) <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A
61	<b>C.J.</b> (F), 24	S/B	<b>Hot</b>	Dermatitis (rash, itchy) <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A
62	<b>M.W.</b> (F), 24	P/S	<b>Moist</b>	Diarhoea (loose watery stools) <b>Moist &amp; Cold</b> , Productive cough <b>Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	A
63	<b>T.P.</b> (M), 24	P/M	<b>Cold</b>	Influenza (productive cough) <b>Cold &amp; Moist</b>	Phleg/Mel	<b>Yes</b>	A
64	<b>R.N.</b> (F), 24	S/P	<b>Moist</b>	Influenza (productive cough, runny nose, sore throat, wheezing chest) <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A



65	<b>N.N.</b> (F), 24	P/M	<b>Cold</b>	Sinusitis (nasal congestion) <b>Cold</b> & Moist, Myositis (MSK) (lower back pain) <b>Cold</b> & Dry	Phleg/Mel	<b>Yes</b>	A
66	<b>J.N.</b> (M), 24	P/S	<b>Moist</b>	URTI (dysphagia, productive cough) <b>Moist</b> & Cold, Watery stools <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A
67	<b>A.S.</b> (F), 24	P/M	<b>Cold</b>	URTI (productive cough, sore throat, runny nose) <b>Cold</b> & Moist	Phleg/Mel	<b>Yes</b>	A
68	<b>K.N.</b> (F), 24	P/S	<b>Moist</b>	Headache (temporal) <b>Moist</b> & Hot, Nausea <b>Moist</b> & Cold, Myositis (lower back pain) <b>Cold</b> & Dry. Pmhx: Epilepsy <b>Moist</b> & Cold	Phleg/Sang/Mel	<b>Yes/No</b>	A
69	<b>K.R.</b> (F), 24	P/S	<b>Moist</b>	UTI (leucocytes) <b>Moist</b> & Hot, Myositis (MSK) (painful back muscles) <b>Cold</b> & Dry. Pmhx: Back injury <b>Cold</b> & Dry	Phleg/Sang/Mel	<b>Yes/No</b>	A
70	<b>S.C.</b> (F), 25	P/S	<b>Moist</b>	Diarrhoea (loose watery stool and abdominal cramping) <b>Moist</b> & Cold, UTI (leucocytes) <b>Moist</b> & Hot	Phleg/Sang	<b>Yes</b>	A
71	<b>N.M.</b> (F), 25	S/P	<b>Moist</b>	Diarrhoea (watery, soft stool, cramps) <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
72	<b>R.J.</b> (M), 25	P/S	<b>Moist</b>	HTN 140/80 <b>Moist</b> & Hot. Pmhx: Sinusitis <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A
73	<b>M.T.A.</b> (F), 25	B/M	<b>Dry</b>	Furuncle (bloody + exudative, painful) <b>Dry</b> & Hot, Gastroenteritis (loose stools with abdominal cramps) <b>Dry</b> & Hot	Bil/Mel	<b>Yes</b>	A
74	<b>N.S.</b> (F), 25	M/B	<b>Dry</b>	Gastroenteritis (loose stools 6-7x/Dday, abdominal cramps) <b>Dry</b> & Hot	Mel/Bil	<b>Yes</b>	A
75	<b>A.M.</b> (M), 25	S/B	<b>Hot</b>	Gastroenteritis (nausea, vomiting bile, loss of appetite, watery loose stools) <b>Hot</b> & Dry	Sang/Bil	<b>Yes</b>	A
76	<b>K.M.</b> (F), 25	P/S	<b>Moist</b>	Influenza (bodyaches, productive cough) <b>Moist</b> & Cold, Headache (frontal) <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A
77	<b>M.J.</b> (M), 25	P/S	<b>Moist</b>	Influenza (productive cough, tight chest) <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A
78	<b>T.L.D.</b> (F), 25	S/B	<b>Hot</b>	URTI (dry cough, sore throat, increased heart rate) <b>Hot</b> & Dry	Sang/Bil	<b>Yes</b>	A
79	<b>W.S.</b> (M), 25	B/S	<b>Hot</b>	URTI (throat inflamed, dry cough) <b>Hot</b> & Dry. Pmhx: Allergies <b>Hot</b> & Dry	Bil/Sang	<b>Yes</b>	A
80	<b>Y.M.</b> (F), 25	S/B	<b>Hot</b>	UTI (dysuria, burning urine, vaginal itch) <b>Hot</b> & Dry, Lower backache <b>Cold</b> & Dry	Sang/Bil/Mel	<b>Yes/No</b>	A
81	<b>R.P.</b> (F), 25	S/P	<b>Moist</b>	UTI (excessive discharge) <b>Moist</b> & Hot	Sang/Phleg	<b>Yes</b>	A
82	<b>C.D.</b> (F), 25	P/M	<b>Cold</b>	Influenza (productive cough, wheeze, SOB, fever) <b>Cold</b> & Moist, Asthma <b>Cold</b> & Moist	Phleg/Mel	<b>Yes</b>	A/C

83	C.D. (F), 25	P/M	<u>Cold</u>	LRTI (wheezy, tight chest, dry cough) <b>Cold</b> & Dry. Pmhx: Asthma (Phleg) <b>Cold</b> & Moist	Phleg/Mel	<b>Yes</b>	A/C
84	D.A. (M), 26	S/P	<u>Moist</u>	Anal abscess (painful mass) <b>Moist</b> & Hot	Sang/Phleg	<b>Yes</b>	A
85	N.C. (M), 26	S/B	<u>Hot</u>	Gastroenteritis (cramps, vomiting, loose watery stool, upper quadrant pain) <b>Hot</b> & Dry	Sang/Bil	<b>Yes</b>	A
86	K.V.N. (F), 26	M/P	<u>Cold</u>	Diarrhoea (loose watery stools, abdominal cramps, loss of appetite) <b>Cold</b> & Moist	Mel/Phleg	<b>Yes</b>	A
87	I.J. (M), 26	S/P	<u>Moist</u>	Influenza (excessive phlegm, runny nose) <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
88	N.Z. (F), 26	P/M	<u>Cold</u>	Influenza <b>Cold</b> & Moist, Glucosuria <b>Cold</b> & Moist	Phleg/Mel	<b>Yes</b>	A
89	L.A. (F), 26	P/M	<u>Cold</u>	Otitis media (white discharge) <b>Cold</b> & Moist	Phleg/Mel	<b>Yes</b>	A
90	J.B.F. (M), 26	B/S	<u>Hot</u>	URTI (dry cough, nasal congestion, erythema of the throat) <b>Hot</b> & Dry	Bil/Sang	<b>Yes</b>	A
91	L.T. (M), 26	M/P	<u>Cold</u>	URTI (fever, productive cough, sore throat, runny nose) <b>Cold</b> & Moist	Mel/Phleg	<b>Yes</b>	A
92	N.P.N. (F), 26	M/P	<u>Cold</u>	URTI (runny nose, productive cough) <b>Cold</b> & Moist, Headache (frontal) <b>Cold</b> & Moist, Thick white tongue coat <b>Cold</b> & Moist	Mel/Phleg	<b>Yes</b>	A
93	J.D. (M), 26	M/P	<u>Cold</u>	URTI (nasal congestion, sneezing) <b>Cold</b> & Moist, Myositis (MSK) (back pain) <b>Cold</b> & Dry	Mel/Phleg	<b>Yes</b>	A
94	L.V. (F), 26	P/M	<u>Cold</u>	URTI (productive cough, headaches (frontal), sore throat) <b>Cold</b> & Moist	Phleg/Mel	<b>Yes</b>	A
95	K.A. (M), 26	M/P	<u>Cold</u>	URTI (sore throat) <b>Cold</b> & Moist, Headaches (occipital) <b>Cold</b> & Dry, Myositis (MSK) (back muscle tension) <b>Cold</b> & Dry	Mel/Phleg	<b>Yes</b>	A
96	M.S. (F), 26	M/B	<u>Dry</u>	UTI (bladder painful) <b>Dry</b> & Cold, Myositis (MSK) <b>Dry</b> & Cold	Mel/Bil	<b>Yes</b>	A
97	I.A. (F), 26	P/S	<u>Moist</u>	Vaginal discharge (cream discharge) <b>Moist</b> & Hot	Phleg/Sang	<b>Yes</b>	A
98	H.C. (M), 27	P/M	<u>Cold</u>	Asthma (tight chest) (Mel) <b>Cold</b> & Dry	Phleg/Mel	<b>Yes</b>	A
99	Z.L. (M), 27	M/P	<u>Cold</u>	Diarrhoea (soft stools) <b>Cold</b> & Moist, Haemorrhoids (non bleeding) <b>Cold</b> & Dry	Mel/Phleg	<b>Yes</b>	A
100	A.A.L. (M), 27	S/B	<u>Hot</u>	Gastritis (vomiting) <b>Hot</b> & Dry	Sang/Bil	<b>Yes</b>	A
101	C.V. (M), 27	S/B	<u>Hot</u>	Gastroenteritis (loose stools, urine: ubg) <b>Hot</b> & Dry	Sang/Bil	<b>Yes</b>	A

102	F.A. (F), 27	M/P	<u>Cold</u>	Headaches (frontal, radiating into the eyes) <b>Cold</b> & Moist/Dry, Hypotension (dizziness) <b>Cold</b> & Moist/Dry	Mel/Phleg	<b>Yes</b>	A
103	N.N. (F), 27	P/M	<u>Cold</u>	TMJ (jaw and facial pain, worse with coldness) <b>Cold</b> & Dry	Phleg/Mel	<b>Yes</b>	A
104	M.R.A. (M), 27	B/M	<u>Dry</u>	Myositis (MSK) (shoulder + lower back pain) <b>Dry</b> & Cold	Bil/Mel	<b>Yes</b>	A
105	I.G. (F), 27	M/B	<u>Dry</u>	Myositis (MSK) (lower back pain) <b>Dry</b> & Cold	Mel/Bil	<b>Yes</b>	A
106	M.J. (M), 27	P/M	<u>Cold</u>	Otitis media (blocked and painful) <b>Cold</b> & Moist	Phleg/Mel	<b>Yes</b>	A
107	R.B. (M), 27	B/S	<u>Hot</u>	Sciatica (hip and leg pain) <b>Cold &amp; Dry</b> , Callus (thick hardened skin painful) <b>Cold &amp; Dry</b> . Pmhx: Hayfever <b>Hot</b> & Dry	Bil/Sang/Mel	<b>Yes/No</b>	A
108	A.P. (M), 27	P/S	<u>Moist</u>	URTI (productive cough, sore throat) <b>Moist</b> & Cold, HTN 150/110 <b>Moist</b> & Hot	Phleg/Sang	<b>Yes</b>	A
109	J.B. (M), 27	P/M	<u>Cold</u>	URTI (nasal congestion) Sinusitis <b>Cold</b> & Moist, Headaches (frontal) <b>Cold</b> & Moist, Myositis (MSK) (painful back) <b>Cold</b> & Dry	Phleg/Mel	<b>Yes</b>	A
110	R.L. (F), 28	M/P	<u>Cold</u>	Diarrhoea (loose, watery stool, abdominal cramps) <b>Cold</b> & Moist. Pmhx: Haemorrhoids <b>Cold</b> & Dry	Mel/Phleg	<b>Yes</b>	A
111	R.I. (M), 28	P/S	<u>Moist</u>	Diarrhoea (nausea, vomitted once only, loose watery stools) <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A
112	S.H. (M), 28	B/M	<u>Dry</u>	Furuncle (ruptured, painful inflamed) <b>Dry</b> & Hot	Bil/Mel	<b>Yes</b>	A
113	L.K. (F), 28	S/B	<u>Hot</u>	Menorrhagia/menstruating excessively <b>Hot</b> & Dry	Sang/Bil	<b>Yes</b>	A
114	B.B. (M), 28	M/P	<u>Cold</u>	Myositis (MSK) <b>Cold</b> & Dry	Mel/Phleg	<b>Yes</b>	A
115	T.H. (F), 28	S/P	<u>Moist</u>	Sinusitis <b>Moist</b> & Cold, Headaches (frontal) <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
116	R.D. (F), 28	S/P	<u>Moist</u>	Tonsillitis (enlarged tonsils, sore throat) <b>Moist</b> & Cold, Conjunctivitis (itchy, teary eye) <b>Moist</b> & Hot	Sang/Phleg	<b>Yes</b>	A
117	S.A. (M), 28	S/P	<u>Moist</u>	URTI (productive cough, runny nose, inflamed throat) <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
118	R.J. (M), 28	M/P	<u>Cold</u>	URTI (productive cough, sore throat, tonsils enlarged) <b>Cold</b> & Moist. Pmhx: Appendectomy <b>Cold</b> & Dry	Mel/Phleg	<b>Yes</b>	A
119	M.P. (F), 28	P/S	<u>Moist</u>	URTI (productive cough) <b>Moist</b> & Cold, Headaches (frontal) <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A
120	E.F. (M), 28	S/B	<u>Hot</u>	Otitis Media (right earache, exudative-yellow) <b>Hot</b> & Dry	Sang/Bil	<b>Yes</b>	A

121	<b>S.J.</b> (F), 28	S/P	<b>Moist</b>	Cold (runny nose) <b>Moist</b> & Cold. Pmhx: Tonsillectomy <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
122	<b>R.B.</b> (M), 28	P/S	<b>Moist</b>	URTI (sore throat, infammed enlarged tonsils) <b>Moist</b> & Cold, Diarrhoea (loose, watery stools, abdominal cramps) <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A
123	<b>B.D.P.</b> (M), 28	P/S	<b>Moist</b>	URTI (sore throat, productive cough) <b>Moist</b> & Cold. Pmhx: Sinusitis <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A
124	<b>A.W.</b> (F), 28	S/P	<b>Moist</b>	URTI (tonsils swollen) <b>Moist</b> & Cold, Headaches (parietal) <b>Moist</b> & Hot	Sang/Phleg	<b>Yes</b>	A
125	<b>B.K.</b> (F), 28	S/B	<b>Hot</b>	URTI (dry cough, earache) <b>Hot</b> & Dry, Headache (temporal) <b>Hot</b> & Dry	Sang/Bil	<b>Yes</b>	A
126	<b>C.K.</b> (F), 28	S/P	<b>Moist</b>	UTI (leucocytes) <b>Moist</b> & Hot	Sang/Phleg	<b>Yes</b>	A
127	<b>N.J.</b> (F), 28	M/B	<b>Dry</b>	UTI (dysuria, ubg, prot, leucocyte, bilirubin, blood) <b>Dry</b> & Hot, Gastroenteritis (nausea, vomitting, stools) <b>Dry</b> & Hot, Influenza (fever, tonsills follicular) <b>Dry</b> & Hot	Mel/Bil	<b>Yes</b>	A
128	<b>C.P.</b> (F), 28	P/S	<b>Moist</b>	Dysmenorrhoea (painful periods) <b>Moist</b> & Cold/Dry, PCOS (ovarian cysts) <b>Moist</b> & Cold/Dry	Phleg/Sang	<b>Yes</b>	A/C
129	<b>D.W.</b> (F), 28	P/M	<b>Cold</b>	Headaches (occipital) <b>Cold</b> & Dry, Aneamia <b>Cold</b> & Moist/Dry, Overweight <b>Cold</b> & Moist. Pmhx: HPT <b>Cold</b> & Dry	Phleg/Mel	<b>Yes</b>	A/C
130	<b>K.E.</b> (M), 28	P/S	<b>Moist</b>	HPT 140/90 <b>Moist</b> & Hot, Obesity <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A/C
131	<b>A.L.</b> (F), 28	M/P	<b>Cold</b>	Infertility (trying to conceive, last pregnancy 12 years ago, no contraceptive used) <b>Cold</b> & Moist/Dry	Mel/Phleg	<b>Yes</b>	A/C
132	<b>T.L.B.</b> (F), 28	P/M	<b>Cold</b>	Myositis (MSK) (lower back pain) <b>Cold</b> & Dry. Pmhx: Endometriosis <b>Cold</b> & Dry	Phleg/Mel	<b>Yes</b>	A/C
133	<b>G.A.</b> (F), 29	P/S	<b>Moist</b>	Furuncle (swollen/painful) <b>Moist</b> & Hot/Dry	Phleg/Sang/Bil	<b>Yes/No</b>	A
134	<b>V.M.</b> (M), 29	S/B	<b>Hot</b>	LRTI (fever, inflammed throat, productive cough-green 2 weeks) <b>Hot</b> & Dry	Sang/Bil	<b>Yes</b>	A
135	<b>I.A.</b> (F), 29	B/M	<b>Dry</b>	Myositis (MSK) (lower back pain) <b>Dry</b> & Cold	Bil/Mel	<b>Yes</b>	A
136	<b>A.W.</b> (M), 29	B/M	<b>Dry</b>	Myositis (MSK) (back pain, works in freezer) <b>Dry</b> & Cold	Bil/Mel	<b>Yes</b>	A
137	<b>Q.L.</b> (M), 29	P/M	<b>Cold</b>	Myositis (MSK) (lower back pain) <b>Cold</b> & Dry. Pmhx: Appendectomy <b>Cold</b> & Dry	Phleg/Mel	<b>Yes</b>	A
138	<b>C.J.</b> (F), 29	S/P	<b>Moist</b>	URTI (productive cough, fever) <b>Moist</b> & Cold, Headache (frontal) <b>Moist</b> & Cold. Pmhx: Sinusitis <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A

139	<b>B.L.N.</b> (F), 29	M/P	<u>Cold</u>	Anxiety <b>Cold</b> & Dry, Dizziness, Hypotension <b>Cold</b> & Moist/Dry	Mel/Phleg	<b>Yes</b>	A
140	<b>S.S.</b> (F), 29	B/M	<u>Dry</u>	Stress <b>Dry</b> & Hot, Anxiety (anxious) <b>Dry</b> & Cold, Breast Lump <b>Dry</b> & Cold	Bil/Mel	<b>Yes</b>	A
141	<b>R. A.</b> (M), 29	P/S	<u>Moist</u>	Headaches (frontal and in the eyes) <b>Moist</b> & Hot	Phleg/Sang	<b>Yes</b>	A
142	<b>A.H.</b> (M), 29	M/P	<u>Cold</u>	URTI (cold, sore throat, tonsillar lymph) <b>Cold</b> & Moist	Mel/Phleg	<b>Yes</b>	A
143	<b>T.D.</b> (M), 29	P/M	<u>Cold</u>	URTI (sore throat, tender sinuses, fatigue) <b>Cold</b> & Moist	Phleg/Mel	<b>Yes</b>	A
144	<b>O.H.</b> (M), 29	M/B	<u>Dry</u>	UTI (leucocytes, ubg) <b>Dry</b> & Hot, LRTI (dry cough for 2 weeks) <b>Dry</b> & Hot, Gastritis (nausea, vomiting) <b>Dry</b> & Hot	Mel/Bil	<b>Yes</b>	A
145	<b>J.B.R.</b> (M), 29	M/P	<u>Cold</u>	LRTI (productive cough with chest tightness, nasal congestion) <b>Cold</b> & Moist. Pmhx: Epilepsy <b>Cold</b> & Moist	Mel/Phleg	<b>Yes</b>	A/C
146	<b>G.D.</b> (F), 29	M/B	<u>Dry</u>	Myositis (MSK) (midback pain) <b>Dry</b> & Cold	Mel/Bil	<b>Yes</b>	A/C
147	<b>W.K.</b> (M), 29	P/S	<u>Moist</u>	URTI (productive cough, nasal congestion) <b>Moist</b> & Cold, HPT 150/100 <b>Moist</b> & Hot	Phleg/Sang	<b>Yes</b>	A/C
148	<b>Z.B.</b> (F), 30	S/B	<u>Hot</u>	Gastritis (vomiting, nausea, burning stomach, struggling passing stools) <b>Hot</b> & Dry	Sang/Bil	<b>Yes</b>	A
149	<b>N.P.</b> (F), 30	M/P	<u>Cold</u>	Influenza (productive cough, throat inflamed, fever) <b>Cold</b> & Moist	Mel/Phleg	<b>Yes</b>	A
150	<b>Y.T.</b> (M), 30	S/P	<u>Moist</u>	Influenza (runny nose, productive cough, bodyaches, sore throat, wheezing chest) <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
151	<b>J.C.</b> (F), 30	M/P	<u>Cold</u>	URTI (nasal congestion, productive cough) <b>Cold</b> & Moist	Mel/Phleg	<b>Yes</b>	A
152	<b>R.P.</b> (M), 30	S/P	<u>Moist</u>	URTI (nasal congestion, chills, loss of appetite, tonsillar swelling) <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
153	<b>R.H.</b> (F), 30	S/P	<u>Moist</u>	URTI (sore throat, runny nose) <b>Moist</b> & Cold. Pmhx: Ovarian cyst <b>Moist</b> & Cold/Dry	Sang/Phleg	<b>Yes/No</b>	A
154	<b>Y.M.</b> (M), 30	M/P	<u>Cold</u>	URTI (sore throat, productive cough) <b>Cold</b> & Moist	Mel/Phleg	<b>Yes</b>	A
155	<b>A.W.M.</b> (M), 30	P/S	<u>Moist</u>	UTI (hematuria) <b>Hot</b> & <b>Dry</b> , Lower back pain <b>Cold</b> & <b>Dry</b> . Pmhx: Asthma (Phleg) <b>Moist</b> & Cold	Phleg/Sang/Mel	<b>Yes/No</b>	A/C
156	<b>K.S.</b> (F), 30	P/M	<u>Cold</u>	Ovarian cyst pain <b>Cold</b> & Moist/Dry. Pmhx: Miscarriage <b>Cold</b> & Moist/Dry	Phleg/Mel	<b>Yes</b>	A

157	S.P. (F), 30	P/S	<u>Moist</u>	URTI (sore throat, nasal congestion) <b>Moist &amp; Cold</b> , Irregular menses (skipping periods) <b>Moist &amp; Cold</b> , Diabetes 6.7 <b>Moist &amp; Hot</b>	Phleg/Sang	Yes	A/C
158	A.P. (F), 31	S/B	<u>Hot</u>	Allergies (painful, itchy eyes, itching body, had fish day before, tonsils swollen, dry cough, sore throat) <b>Hot &amp; Dry</b>	Sang/Bil	Yes	A
159	A.M. (F), 31	P/S	<u>Moist</u>	Influenza (bodyaches, productive cough, inflamed throat), Headaches (frontal) <b>Moist &amp; Cold</b>	Phleg/Sang	Yes	A
160	I.A. (M), 31	M/P	<u>Cold</u>	Myositis (MSK) (back pain) <b>Cold &amp; Dry</b>	Mel/Phleg	Yes	A
161	L.M. (F), 31	P/S	<u>Moist</u>	Myositis (MSK) (body pain, works in cold environment) <u>Cold &amp; Dry</u> , HPT 140/80 <b>Moist &amp; Hot</b>	Phleg/Sang/Mel	Yes/No	A
162	Y.S. (M), 31	P/M	<u>Cold</u>	Myositis (MSK) (lower back pain) <b>Cold &amp; Dry</b> , Glucosuria <b>Cold &amp; Moist</b>	Phleg/Mel	Yes	A
163	R.B. (M), 31	M/B	<u>Dry</u>	URTI (dry cough and tight chest, nasal erythema, sore throat) <b>Dry &amp; Hot</b>	Mel/Bil	Yes	A
164	S.D.P. (F), 31	M/P	<u>Cold</u>	URTI (nasal congestion) <b>Cold &amp; Moist</b> , Myositis (MSK) (back pain) <b>Cold &amp; Dry</b>	Mel/Phleg	Yes	A
165	M.M. (M), 31	S/P	<u>Moist</u>	HPT (200/140) <b>Moist &amp; Hot</b> , Glucosuria <b>Moist &amp; Cold</b> , Myositis (MSK) (flank and costal pain 3 wks) <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	Yes/No	A/C
166	N.C. (F), 31	P/S	<u>Moist</u>	LRTI (productive cough, tight chest, tonsillar enlargement) <b>Moist &amp; Cold</b> . Pmhx: Asthma (Phleg) <b>Moist &amp; Cold</b>	Phleg/Sang	Yes	A/C
167	R.J. (F), 31	M/P	<u>Cold</u>	Constipation (low water intake, occurs frequently) <b>Cold &amp; Dry</b>	Mel/Phleg	Yes	C
168	G.C. (M), 32	M/B	<u>Dry</u>	Allergic rhinitis <b>Dry &amp; Hot</b>	Mel/Bil	Yes	A
169	F.T. (M), 32	P/M	<u>Cold</u>	Diarrhoea (watery, loose stools for 4 days) <b>Cold &amp; Moist</b>	Phleg/Mel	Yes	A
170	F.S. (F), 32	S/P	<u>Moist</u>	Influenza (sore throat, productive cough) <b>Moist &amp; Cold</b>	Sang/Phleg	Yes	A
171	M.S. (M), 32	B/M	<u>Dry</u>	Myositis (MSK) (lower backache due to increased activities) <b>Dry &amp; Cold</b>	Bil/Mel	Yes	A
172	L.H. (M), 32	S/P	<u>Moist</u>	URTI (blocked nose, fever + chills, sore throat) <b>Moist &amp; Cold</b>	Sang/Phleg	Yes	A
173	Z.T. (M), 32	M/P	<u>Cold</u>	URTI (productive cough, scratchy throat) <b>Cold &amp; Moist</b>	Mel/Phleg	Yes	A
174	H.H. (M), 32	S/P	<u>Moist</u>	URTI (runny nose, sore throat, productive cough, bodyaches) <b>Moist &amp; Cold</b>	Sang/Phleg	Yes	A
175	B.A. (M), 32	M/P	<u>Cold</u>	URTI (sore throat, bodyaches) <b>Cold &amp; Moist</b>	Mel/Phleg	Yes	A
176	T.B. (F), 32	P/S	<u>Moist</u>	URTI (sore throat, productive cough, fever, nasal congestion, tonsillar enlargement) <b>Moist &amp; Cold</b> , Headaches (frontal) <b>Moist &amp; Cold</b>	Phleg/Sang	Yes	A

177	C.L. (F), 32	S/B	<b>Hot</b>	UTI (burning urine) <b>Hot &amp; Moist</b> , Lowerback pain <u>Cold &amp; Dry</u>	Sang/Bil/Mel	<b>Yes/No</b>	A
178	N. J. (F), 32	B/S	<b>Hot</b>	UTI (dysuria, dark yellow) <b>Hot &amp; Dry</b> , Renal calculi <u>Cold &amp; Dry</u> . Pmhx: Gallstones <u>Cold &amp; Dry</u>	Bil/Sang/Mel	<b>Yes/No</b>	A
179	R.L. (M), 32	S/P	<b>Moist</b>	UTI (protein) <u>Hot &amp; Dry</u> , HPT 150/130 <b>Moist &amp; Hot</b> . Pmhx: Kidney pathology <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
180	N.N.V.S. (F), 33	S/P	<b>Moist</b>	Influenza (head congestion, bodyaches, fever, enlarged tonsils, sneezing) <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A
181	K.A. (F), 33	M/B	<b>Dry</b>	Myositis (MSK) (lower back pain) <b>Dry &amp; Cold</b>	Mel/Bil	<b>Yes</b>	A
182	R.M. (M), 33	S/P	<b>Moist</b>	URTI (productive cough, vomiting phlegm, sore throat) <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A
183	N.O. (F), 33	P/S	<b>Moist</b>	URTI (sore throat, earache) <b>Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	A
184	J.M. (M), 34	S/P	<b>Moist</b>	Diarrhoea (loose watery stools + mild nausea) <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A
185	T.G. (F), 34	B/M	<b>Dry</b>	LRTI (sore throat, productive cough: brown phlegm, fever, tonsillar enlargement) <b>Dry &amp; Hot</b> , Haematuria <b>Dry &amp; Hot</b>	Bil/Mel	<b>Yes</b>	A
186	J.A. (F), 34	M/B	<b>Dry</b>	URTI (fever + dry cough) <b>Dry &amp; Hot</b>	Mel/Bil	<b>Yes</b>	A
187	N.A. (F), 34	P/M	<b>Cold</b>	URTI (productive cough, runny nose, sore throat) <b>Cold &amp; Moist</b>	Phleg/Mel	<b>Yes</b>	A
188	B.S. (F), 34	B/S	<b>Hot</b>	URTI (sore throat, dry cough, inflamed throat - does chemical manufacturing) <b>Hot &amp; Dry</b>	Bil/Sang	<b>Yes</b>	A
189	F.A. (F), 34	M/B	<b>Dry</b>	UTI (lower abdominal pain, bloody discharge, burning urine) <b>Dry &amp; Hot</b> , Lower back pain <b>Dry &amp; Cold</b> . Pmhx: Anxiety <b>Dry &amp; Cold</b>	Mel/Bil	<b>Yes</b>	A
190	M.B. (F), 34	P/S	<b>Moist</b>	LRTI (productive cough, nasal congestion, fever, sore throat) <b>Moist &amp; Cold</b> , HPT 130/80 <b>Moist &amp; Hot</b>	Phleg/Sang	<b>Yes</b>	A/C
191	K.L. (M), 34	P/S	<b>Moist</b>	Myositis (MSK) (lowerback pain) <u>Cold &amp; Dry</u> , HPT 160/80 <b>Moist &amp; Hot</b> . Pmhx: Asthma (Phleg) <b>Moist &amp; Cold</b>	Phleg/Sang/Mel	<b>Yes/No</b>	C
192	S.G. (M), 35	S/P	<b>Moist</b>	Diarrhoea (watery loose stools with abdominal cramps) <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A
193	H.S. (F), 35	P/M	<b>Cold</b>	Myositis (MSK) (shoulder pain) <b>Cold &amp; Dry</b>	Phleg/Mel	<b>Yes</b>	A
194	N.N. (F), 35	S/P	<b>Moist</b>	URTI (productive cough, nausea, vomiting, sore throat, loss of voice, Pregnant) <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A
195	C.J. (M), 35	S/B	<b>Hot</b>	URTI (inflamed throat) <b>Hot &amp; Dry</b> , Dermatitis (pruritic lesions) <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A

196	L.T. (F), 35	P/M	<u>Cold</u>	URTI (sinuses tender, sore throat, cervical lymph), Headaches (frontal) <b>Cold &amp; Moist</b> , Myositis (MSK) (bodyaches, lower back ache) <b>Cold &amp; Dry</b>	Phleg/Mel	<b>Yes</b>	A
197	L.B. (F), 35	S/B	<u>Hot</u>	UTI (leucocytes, protein, ketones) <b>Hot &amp; Dry</b> , Gastritis (epigastric discomfort) <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A
198	R.L. (F), 35	M/B	<u>Dry</u>	Gastritis (burning stomach) <b>Dry &amp; Hot</b> . Pmhx: Mitral Valve syndrome <b>Dry &amp; Cold</b>	Mel/Bil	<b>Yes</b>	A/C
199	M.R.G. (M), 35	B/M	<u>Dry</u>	HPT (dizziness, 148/110) <b>Dry &amp; Cold</b> , Allergies <b>Dry &amp; Hot</b> . Pmhx: CHOL <b>Dry &amp; Cold</b>	Bil/Mel	<b>Yes</b>	A/C
200	A.C. (M), 35	P/S	<u>Moist</u>	LRTI (tight chest, fatigue, productive cough) <b>Moist &amp; Cold</b> . Pmhx: Asthma (Phleg) <b>Moist &amp; Cold</b> , HPT <b>Moist &amp; Hot</b>	Phleg/Sang	<b>Yes</b>	A/C
201	B.P. (F), 35	S/P	<u>Moist</u>	Myositis (MSK) (chronic lower back pain ) <u>Cold &amp; Dry</u> , HPT 150/100 <b>Moist &amp; Hot</b> , Increase in weight <b>Moist &amp; Cold</b> , Constipated <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
202	S.A. (F), 36	S/B	<u>Hot</u>	Bronchitis (burning chest, productive cough, yellow) <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A
203	K.W. (F), 36	B/S	<u>Hot</u>	Gastroenteritis (nausea, runny tummy, epigastric pain) <b>Hot &amp; Dry</b>	Bil/Sang	<b>Yes</b>	A
204	M.N. (M), 36	M/P	<u>Cold</u>	Migraine (radiate around the head, nausea) <b>Cold &amp; Moist</b> . Pmhx: Bell's Palsy <b>Cold &amp; Moist</b>	Mel/Phleg	<b>Yes</b>	A
205	T.M. (M), 36	S/B	<u>Hot</u>	Pyelonephritis (blood in urine, lowerback pain, fever) <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A
206	C.S. (M), 36	S/P	<u>Moist</u>	URTI (productive cough, runny nose, sore throat) <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A
207	C.A. (F), 36	S/P	<u>Moist</u>	URTI (sore throat, phlegmy cough, congestion) <b>Moist &amp; Cold</b> , Myositis (MSK) (lower back pain) <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	A
208	C.M. (M), 36	S/P	<u>Moist</u>	URTI (sore throat, produtive cough, bodyaches) <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A
209	I.G. (F), 36	B/M	<u>Dry</u>	UTI (urine trace of blood and infection) <b>Dry &amp; Hot</b>	Bil/Mel	<b>Yes</b>	A
210	C.D. (F), 36	S/P	<u>Moist</u>	URTI (sore throat, nasal congetstion, dry cough, tonsillar enargement) <b>Moist &amp; Cold</b> . Pmhx: Diabetes <b>Moist &amp; Hot</b> , HPT <b>Moist &amp; Hot</b>	Sang/Phleg	<b>Yes</b>	A/C
211	R. K. (M), 36	B/S	<u>Hot</u>	HPT 145/100 <b>Hot &amp; Moist</b> , Myostis (lower back pain) <u>Cold &amp; Dry</u>	Bil/Sang/Mel	<b>Yes/No</b>	C
212	M.R.V.H. (M), 37	M/B	<u>Dry</u>	Insomnia <b>Dry &amp; Cold</b> , Anal fissure <b>Dry &amp; Hot</b>	Mel/Bil	<b>Yes</b>	A



213	N.B. (M), 37	S/P	<b>Moist</b>	Gastritis (nausea, vomiting + epigastric pain) <b>Hot &amp; Dry</b> , HTN (150/90) <b>Moist &amp; Hot</b>	Sang/Phleg/Bil	<b>Yes/No</b>	A
214	M.D. (F), 37	B/M	<b>Dry</b>	URTI (body pains, blocked nose, yellow productive cough, tonsillar inflammation) <b>Dry &amp; Hot</b> , Myositis <b>Dry &amp; Cold</b>	Bil/Mel	<b>Yes</b>	A
215	S.S. (M), 37	S/P	<b>Moist</b>	URTI (productive cough, runny nose, sore throat) <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A
216	M.K. (F), 37	M/P	<b>Cold</b>	URTI (productive cough, tonsillar enlargement) <b>Cold &amp; Moist</b> , Lower back pain <b>Cold &amp; Dry</b>	Mel/Phleg	<b>Yes</b>	A
217	C.B. (F), 37	P/S	<b>Moist</b>	URTI (productive cough, nasal congestion) <b>Moist &amp; Cold</b> . Pmhx: Asthma (Phleg) <b>Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	A
218	Z.F. (F), 37	M/P	<b>Cold</b>	URTI (runny nose, tonsillar enlargement) <b>Cold &amp; Moist</b>	Mel/Phleg	<b>Yes</b>	A
219	C.M. (F), 37	P/S	<b>Moist</b>	URTI (sore throat, nasal congestion) <b>Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	A
220	S.N. (F), 37	P/M	<b>Cold</b>	URTI (sore throat, bodyaches, productive cough) <b>Cold &amp; Moist</b>	Phleg/Mel	<b>Yes</b>	A
221	G.H.M. (M), 37	S/B	<b>Hot</b>	Gastritis (burning epigastric pain) <b>Hot &amp; Dry</b> , HPT 140/90 <b>Hot &amp; Moist</b> . Pmhx: CHOL <b>Cold &amp; Dry</b>	Sang/Bil/Mel	<b>Yes/No</b>	A/C
222	A.L. (M), 37	P/S	<b>Moist</b>	Influenza (productive cough, inflamed nose, sore throat) <b>Moist &amp; Cold</b> , HPT 180/90 <b>Moist &amp; Hot</b>	Phleg/Sang	<b>Yes</b>	A/C
223	M.S. (F), 37	S/B	<b>Hot</b>	LRTI (productive + wheezing chest) <b>Cold &amp; Moist</b> , HPT 140/80 <b>Hot &amp; Moist</b>	Sang/Bil/Phleg	<b>Yes/No</b>	A/C
224	A.C. (F), 37	S/P	<b>Moist</b>	HPT 130/90 <b>Moist &amp; Hot</b> , Influenza (productive cough, bodyaches, tonsillar enlargement) <b>Moist &amp; Cold</b> , Headaches (frontal) <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	C
225	A.K.V.E. (M), 38	S/P	<b>Moist</b>	Sciatica (left hip and leg pain) <b>Cold &amp; Dry</b> . Pmhx: HPT <b>Moist &amp; Hot</b>	Sang/Phleg/Mel	<b>Yes/No</b>	C
226	F.B. (M), 38	S/P	<b>Moist</b>	Influenza (bodyaches, sore throat, fever) <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A
227	S. M. (F), 38	P/S	<b>Moist</b>	Nausea and vomiting <b>Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	A
228	C.C. (M), 38	S/P	<b>Moist</b>	URTI (head congestion, sore throat) <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A
229	W.M. (M), 38	S/B	<b>Hot</b>	URTI (dry cough, dysphagia, hoarseness, fever, inflamed throat, wheeze) <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A
230	T.K. (M), 38	B/S	<b>Hot</b>	URTI (dry cough, scratchy throat) <b>Hot &amp; Dry</b> , Glucosuria <b>Hot &amp; Moist</b> , Myositis (MSK) <b>Cold &amp; Dry</b>	Bil/Sang/Mel	<b>Yes/No</b>	A
231	P.P. (F), 38	S/P	<b>Moist</b>	URTI (productive cough, sore throat, tonsils enlarged) <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A

232	<b>T.B.</b> (F), 38	P/M	<b>Cold</b>	URTI (throat pain, productive cough, nasal congestion) <b>Cold</b> & Moist, Hypotension <b>Cold</b> & Moist/Dry	Phleg/Mel	<b>Yes</b>	A
233	<b>C.B.</b> (F), 38	S/P	<b>Moist</b>	URTI (blocked nose, sore throat) <b>Moist</b> & Cold, HTN 160/70 <b>Moist</b> & Hot. Pmhx: Asthma (Phleg) <b>Moist</b> & Cold, Sinusitis <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A/C
234	<b>K.W.</b> (M), 39	M/P	<b>Cold</b>	Fatigue (excessive tiredness) <b>Cold</b> & Moist/Dry, Anxiety (anxious, difficulty concentrating) <b>Cold</b> & Moist/Dry	Mel/Phleg	<b>Yes</b>	A
235	<b>C.J.</b> (M), 39	B/S	<b>Hot</b>	Gastroenteritis (nausea, runny tummy, abdominal cramps) <b>Hot</b> & Dry	Bil/Sang	<b>Yes</b>	A
236	<b>C.G.</b> (M), 39	M/P	<b>Cold</b>	Myositis (MSK) (lower back pain, recurrent due to strenuous work) <b>Cold</b> & Dry	Mel/Phleg	<b>Yes</b>	A
237	<b>T.N.</b> (F), 39	P/M	<b>Cold</b>	Myositis (MSK) (upper back and shoulder pain) <b>Cold</b> & Dry	Phleg/Mel	<b>Yes</b>	A
238	<b>B.M.</b> (M), 39	M/P	<b>Cold</b>	URTI (sore throat, cold shivers) <b>Cold</b> & Moist	Mel/Phleg	<b>Yes</b>	A
239	<b>A.R.</b> (F), 39	S/B	<b>Hot</b>	UTI (burning sensation, leucocytes + blood) <b>Hot</b> & Dry	Sang/Bil	<b>Yes</b>	A
240	<b>E.S.</b> (F), 40	S/P	<b>Moist</b>	LRTI (productive cough, runny nose) <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
241	<b>Y.B.</b> (F), 40	S/P	<b>Moist</b>	LRTI (productive cough) <b>Moist</b> & Cold, Influenza <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
242	<b>M.K.</b> (M), 40	B/S	<b>Hot</b>	URTI (chest tightness, dry cough, painful cough) <b>Hot</b> & Dry	Bil/Sang	<b>Yes</b>	A
243	<b>A.D.</b> (F), 40	P/M	<b>Cold</b>	Constipation <b>Cold</b> & Dry, Phlegmy chest <b>Cold</b> & Moist, Hypotension <b>Cold</b> & Moist/Dry	Phleg/Mel	<b>Yes</b>	A/C
244	<b>Z. P.</b> (F), 40	B/S	<b>Hot</b>	Gastroenteritis (runny tummy, abdominal cramps, nausea) <b>Hot</b> & Dry, HPT 180/120 <b>Hot</b> & Moist, Dizziness <b>Hot</b> & Dry	Bil/Sang	<b>Yes</b>	A/C
245	<b>M.B.</b> (M), 40	P/M	<b>Cold</b>	Sciatica (back pain into hip and leg) <b>Cold</b> & Dry	Phleg/Mel	<b>Yes</b>	A/C
246	<b>F.B.</b> (F), 40	M/P	<b>Cold</b>	URTI (dry cough, smoker) <b>Cold</b> & Dry, Carpel tunnel (painful wrist) <b>Cold</b> & Dry	Mel/Phleg	<b>Yes</b>	A/C
247	<b>R.L.</b> (F), 40	S/B	<b>Hot</b>	Gastroenteritis (nausea, runny tummy, cramps, epigastric pain) <b>Hot</b> & Dry. Pmhx: Sarcodosis of lungs <b>Cold</b> & Dry	Sang/Bil/Mel	<b>Yes/No</b>	A
248	<b>K.V.B.</b> (F), 41	P/M	<b>Cold</b>	Influenza (runny nose, bodyaches, fever, sore throat) <b>Cold</b> & Moist	Phleg/Mel	<b>Yes</b>	A
249	<b>T.G.</b> (M), 41	S/P	<b>Moist</b>	Influenza (sore throat), Headaches (frontal) <b>Moist</b> & Cold, Right foot pain (injury) <b>Cold</b> & Dry	Sang/Phleg/Mel	<b>Yes/No</b>	A
250	<b>R.A.</b> (F), 41	M/P	<b>Cold</b>	LRTI (productive cough, runny nose, sore throat) <b>Cold</b> & Moist	Mel/Phleg	<b>Yes</b>	A

251	S.S. (M), 41	M/B	<u>Dry</u>	URTI (sore throat, inflamed tonsils) <b>Dry &amp; Hot</b>	Mel/Bil	<b>Yes</b>	A
252	L.T. (M), 41	P/S	<u>Moist</u>	URTI (sore throat, enlarged tonsils, nasal congestion) <b>Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	A
253	T.J. (M), 41	S/P	<u>Moist</u>	Diarrhoea (loose watery stools) <b>Moist &amp; Cold</b> , Headaches (frontal) <b>Moist &amp; Cold</b> . Pmhx: HPT <b>Moist &amp; Hot</b>	Sang/Phleg	<b>Yes</b>	A/C
254	S.J. (M), 41	M/B	<u>Dry</u>	Gastroenteritis (nausea, loose watery stools, urine - ubg) <b>Dry &amp; Hot</b> . Pmhx: HPT <b>Dry &amp; Cold</b> , Stroke <b>Dry &amp; Cold</b> , Appendectomy <b>Dry &amp; Cold</b>	Mel/Bil	<b>Yes</b>	A/C
255	F.J. (F), 41	P/M	<u>Cold</u>	Myositis (MSK) (lower back pain) <b>Cold &amp; Dry</b> . Pmhx: CHOL <b>Cold &amp; Dry</b> , Sinusitis <b>Cold &amp; Moist</b>	Phleg/Mel	<b>Yes</b>	A/C
256	M.P. (F), 41	S/B	<u>Hot</u>	UTI (ubg, Hb, leucocytes) <b>Hot &amp; Dry</b> , Myositis (MSK) (backpain) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Hot &amp; Moist</b>	Sang/Bil/Mel	<b>Yes/No</b>	A/C
257	M.K. (F), 41	B/S	<u>Hot</u>	Myositis (MSK) (back pain) <u>Cold &amp; Dry</u> , Stress <b>Hot &amp; Dry</b>	Bil/Sang/Mel	<b>Yes/No</b>	A/C
258	A.W. (M), 41	S/B	<u>Hot</u>	Frozen shoulder <u>Cold &amp; Dry</u> , Nerve entrapment <u>Cold &amp; Dry</u> . Pmhx: Diabetes <b>Hot &amp; Moist</b> , CHOL <u>Cold &amp; Dry</u> , Ulcers <b>Hot &amp; Dry</b>	Sang/Bil/Mel	<b>Yes/No</b>	C
259	M.H. (F), 42	M/B	<u>Dry</u>	Migraines (relieved by vomiting, affects vision, stressed) <b>Dry &amp; Hot</b> , Nausea, vomiting <b>Dry &amp; Hot</b>	Mel/Bil	<b>Yes</b>	A
260	S.A. (M), 42	S/B	<u>Hot</u>	Myositis (MSK) (calf pain burning pain) <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A
261	N.F. (F), 42	B/M	<u>Dry</u>	Scalp infection (inflamed, infected pimple on scalp) <b>Dry &amp; Hot</b> . Pmhx: Hypotension <u>Moist &amp; Cold/Dry</u>	Bil/Mel/Phleg	<b>Yes/No</b>	A
262	P.V.N. (F), 42	B/S	<u>Hot</u>	UTI (leucocytes) <b>Hot &amp; Moist</b> , Gastroenteritis (runny tummy with vomiting) <b>Hot &amp; Dry</b>	Bil/Sang	<b>Yes</b>	A
263	L.A. (F), 42	M/P	<u>Cold</u>	URTI (tonsillar lymph) <b>Cold &amp; Moist</b> , OA (Knees) <b>Cold &amp; Dry</b>	Mel/Phleg	<b>Yes</b>	A/C
264	F.L. (F), 42	S/P	<u>Moist</u>	Influenza (productive cough, bodyaches) <b>Moist &amp; Cold</b> . Pmhx: HPT <b>Moist &amp; Hot</b>	Sang/Phleg	<b>Yes</b>	A/C
265	J.N.B. (F), 42	S/P	<u>Moist</u>	Headaches (frontal) <b>Moist &amp; Cold</b> , Stress <u>Hot &amp; Dry</u> . Pmhx: HPT <b>Moist &amp; Hot</b>	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
266	M.C. (M), 42	S/B	<u>Hot</u>	UTI (protein, leucocytes) <b>Hot &amp; Dry</b> , Myositis (MSK) (lower backpain) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Hot &amp; Moist</b>	Sang/Bil/Mel	<b>Yes/No</b>	A
267	B. K. (F), 42	P/M	<u>Cold</u>	Asthma (Phleg) (productive cough) <b>Cold &amp; Moist</b>	Phleg/Mel	<b>Yes</b>	C
268	R.C. (M), 42	S/P	<u>Moist</u>	OA (multiple joint pain, knee swollen) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist &amp; Hot</b> , Gout <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	C
269	N.S.S. (F), 42	M/P	<u>Cold</u>	Myositis (MSK) (back pain) <b>Cold &amp; Dry</b>	Mel/Phleg	<b>Yes</b>	C

270	<b>M.K.</b> (M), 43	P/M	<b>Cold</b>	Influenza (productive cough, runny nose) <b>Cold</b> & Moist, Headaches (frontal) <b>Cold</b> & Moist. Pmhx: Tonsillitis <b>Cold</b> & Moist	Phleg/Mel	<b>Yes</b>	A
271	<b>F.D.</b> (F), 43	P/M	<b>Cold</b>	LRTI (productive cough, nasal congestion) <b>Cold</b> & Moist	Phleg/Mel	<b>Yes</b>	A
272	<b>A.H.</b> (M), 43	S/B	<b>Hot</b>	LRTI (fever, dry cough) <b>Hot</b> & Dry	Sang/Bil	<b>Yes</b>	A
273	<b>E.W.</b> (M), 43	P/S	<b>Moist</b>	Pterygium (growth on eye, conjunctiva) <b>Moist</b> & Hot	Phleg/Sang	<b>Yes</b>	A
274	<b>P.H.</b> (F), 43	P/S	<b>Moist</b>	LRTI (productive cough, wheezing chest, sore throat), Asthma (Phleg) <b>Moist</b> & Cold. Pmhx: Tonsillectomy <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	C
275	<b>Y.S.</b> (M), 43	S/P	<b>Moist</b>	Myositis (MSK) (lower back pain) <b>Cold</b> & <b>Dry</b>	Sang/Phleg/Mel	<b>No</b>	A
276	<b>M.A.J.</b> (M), 43	M/B	<b>Dry</b>	Myositis (MSK) (back pain) <b>Dry</b> & Cold	Mel/Bil	<b>Yes</b>	C
277	<b>J.L.</b> (F), 43	S/B	<b>Hot</b>	OA (MSK) (joint pain) <b>Cold</b> & <b>Dry</b>	Sang/Bil/Mel	<b>No</b>	C
278	<b>G.A.</b> (M), 44	S/P	<b>Moist</b>	Diarrhoea (loose watery stools, abdominal cramps) <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
279	<b>G.R.</b> (F), 44	S/P	<b>Moist</b>	URTI (nasal congestion) <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
280	<b>L.F.</b> (F), 44	S/B	<b>Hot</b>	LRTI (sore throat, tonsils inflamed, dry cough, smoker) <b>Hot</b> & Dry, Fever blisters <b>Hot</b> & Dry, Acne <b>Hot</b> & Dry	Sang/Bil	<b>Yes</b>	A/C
281	<b>M.D.V.</b> (F), 44	B/M	<b>Dry</b>	Gastritis (abdominal pain, burning stomach, vomiting yellow) <b>Dry</b> & Hot, Cholelithiasis <b>Dry</b> & Cold	Bil/Mel	<b>Yes</b>	A/C
282	<b>T.S.</b> (F), 44	P/S	<b>Moist</b>	Myositis (MSK) (back pain) <b>Cold</b> & <b>Dry</b> , Glucosuria <b>Moist</b> & Cold	Phleg/Sang/Mel	<b>Yes/No</b>	C
283	<b>L.F.</b> (F), 44	M/P	<b>Cold</b>	Uterine Mass <b>Cold</b> & Dry. Pmhx: Hypotension <b>Cold</b> & Dry/Moist	Mel/Phleg	<b>Yes</b>	C
284	<b>L.J.</b> (F), 45	M/B	<b>Dry</b>	LRTI (wheeze, tight chest) <b>Dry</b> & Cold, Hypotension <b>Dry</b> & Cold	Mel/Bil	<b>Yes</b>	A
285	<b>N.M.</b> (M), 45	S/P	<b>Moist</b>	LRTI (productive cough) <b>Moist</b> & Cold, Leg cramps <b>Cold</b> & <b>Dry</b>	Sang/Phleg/Mel	<b>Yes/No</b>	A
286	<b>M.Z.M.</b> (M), 45	S/B	<b>Hot</b>	Sinusitis (nasal and frontal congestions) <b>Hot</b> & Moist	Sang/Bil	<b>Yes</b>	A
287	<b>G.A.</b> (M), 45	M/B	<b>Dry</b>	UTI (protein, leucocytes, blood) <b>Dry</b> & Hot, Myositis (MSK) (backpain) <b>Dry</b> & Cold	Mel/Bil	<b>Yes</b>	A
288	<b>T.B.</b> (F), 45	S/P	<b>Moist</b>	Diabetes 30.2 <b>Moist</b> & Cold, OA (back) <b>Cold</b> & <b>Dry</b> . Pmhx: HIV <b>Moist</b> & Cold	Sang/Phleg/Mel	<b>Yes/No</b>	C
289	<b>C.M.</b> (F), 45	S/P	<b>Moist</b>	HPT 148/90 <b>Moist</b> & Hot	Sang/Phleg	<b>Yes</b>	C

290	R.J. (F), 45	S/B	<b>Hot</b>	HPT 150/80 <b>Hot &amp; Moist</b> . Pmhx: CHOL <u>Cold &amp; Dry</u>	Sang/Bil/Mel	<b>Yes/No</b>	C
291	M.R.W. (M), 45,	M/P	<b>Cold</b>	Myositis (MSK) (lower back pain) <b>Cold &amp; Dry</b>	Mel/Phleg	<b>Yes</b>	C
292	A.J. (F), 46	S/B	<b>Hot</b>	LRTI (wheezing chest, inflamed throat) <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A
293	A.F. (M), 46	S/B	<b>Hot</b>	URTI (sore throat, earache, cerum impaction) <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A
294	C.B. (M), 46	S/B	<b>Hot</b>	UTI (burning on urination) <b>Hot &amp; Dry</b> . Pmhx: Appendectomy <u>Cold &amp; Dry</u>	Sang/Bil/Mel	<b>Yes/No</b>	A
295	V.F. (M), 46	P/M	<b>Cold</b>	OA (back), Constipated <b>Cold &amp; Dry</b> , Glucosuria <b>Cold &amp; Moist</b>	Phleg/Mel	<b>Yes</b>	A/C
296	R.G. (F), 46	S/P	<b>Moist</b>	Gastritis (epigastric pain, nausea, vomiting after drinking too much fizzy drinks) <u>Hot &amp; Dry</u> . Pmhx: HPT <b>Moist &amp; Hot</b> , Dyspepsia <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes/No</b>	A/C
297	V.W. (F), 46	P/S	<b>Moist</b>	UTI (leucocytes) <b>Moist &amp; Hot</b> . Pmhx: HIV <b>Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	A/C
298	D.T. (M), 46	M/P	<b>Cold</b>	Myositis (MSK) (back pain) <b>Cold &amp; Dry</b>	Mel/Phleg	<b>Yes</b>	C
299	R.W. (F), 47	S/B	<b>Hot</b>	Laryngitis (loss of voice, inflamed) <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A
300	R.S. (F), 47	M/B	<b>Dry</b>	URTI (dry cough, body pains) <b>Dry &amp; Hot</b> . Pmhx: Hypotension <b>Dry &amp; Cold/Moist</b>	Mel/Bil/Phleg	<b>Yes/No</b>	A
301	D.K. (F), 47	M/B	<b>Dry</b>	URTI (productive cough) <u>Cold &amp; Moist</u> , Carpal tunnel (right wrist pain) <b>Dry &amp; Cold</b>	Mel/Bil/Phleg	<b>Yes/No</b>	A/C
302	P.D. (F), 47	S/P	<b>Moist</b>	UTI (leucocytes) <b>Moist &amp; Hot</b> , Lower abdominal pain <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist &amp; Hot</b>	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
303	K.D.W. (M), 47	B/M	<b>Dry</b>	OA (joint pain and stiffness) <b>Dry &amp; Cold</b>	Bil/Mel	<b>Yes</b>	C
304	M.E. (F), 47	M/B	<b>Dry</b>	Headaches (occipital) <b>Dry &amp; Cold</b> , Tension in shoulders <b>Dry &amp; Cold</b> , Stress <b>Dry &amp; Hot</b> . Pmhx: OA (back) <b>Dry &amp; Cold</b>	Mel/Bil	<b>Yes</b>	C
305	J.K. (F), 47	P/M	<b>Cold</b>	Myositis (MSK) <b>Cold &amp; Dry</b> , Diabetes <b>Cold &amp; Moist</b> . Pmhx: HPT <b>Cold &amp; Dry</b>	Phleg/Mel	<b>Yes</b>	C
306	L.L. (F), 48	P/M	<b>Cold</b>	URTI (sore throat, productive cough, tonsil enlargement) <b>Cold &amp; Moist</b> , Myalgia (MSK) <b>Cold &amp; Dry</b>	Phleg/Mel	<b>Yes</b>	A/C
307	F.T. (F), 48	S/P	<b>Moist</b>	UTI (leucocytes) <b>Moist &amp; Hot</b> , Myositis (MSK) <u>Cold &amp; Dry</u> . Pmhx: Appendectomy <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
308	S.I. (F), 48	P/S	<b>Moist</b>	URTI (productive cough) <b>Moist &amp; Cold</b> , Headaches (frontal) <b>Moist &amp; Cold</b> , UTI (leucocytes) <b>Moist &amp; Hot</b> , Pmhx: HTN <b>Moist &amp; Hot</b>	Phleg/Sang/Mel	<b>Yes</b>	A/C

309	<b>A.W.</b> (M), 48	S/P	<b><u>Moist</u></b>	OA (back) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist</b> & Hot, CHOL <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	C
310	<b>M.A.</b> (M), 48	M/P	<b><u>Cold</u></b>	OA (MSK) (lower backache) <b>Cold</b> & Dry	Mel/Phleg	<b>Yes</b>	C
311	<b>K.S.</b> (F), 48	P/M	<b><u>Cold</u></b>	Myositis (MSK) <b>Cold</b> & Dry, HPT 140/80 <b>Cold</b> & Dry. Pmhx: Masectomy <b>Cold</b> & Dry	Phleg/Mel	<b>Yes</b>	C
312	<b>C.J.</b> (M), 48	M/B	<b><u>Dry</u></b>	Myositis (MSK) <b>Dry</b> & Cold. Pmhx: Appendectomy <b>Dry</b> & Cold	Mel/Bil	<b>Yes</b>	C
313	<b>B.A.</b> (F), 48	M/P	<b><u>Cold</u></b>	Sciatica (lowerback pain radiating down the leg) <b>Cold</b> & Dry	Mel/Phleg	<b>Yes</b>	C
314	<b>N.J.</b> (F), 48	B/S	<b><u>Hot</u></b>	Arthritis <u>Cold &amp; Dry</u> , CHOL <u>Cold &amp; Dry</u>	Bil/Sang/Mel	<b>No</b>	C
315	<b>M.S.</b> (F), 49	M/P	<b><u>Cold</u></b>	LRTI (productive cough, sore throat) <b>Cold</b> & Moist	Mel/Phleg	<b>Yes</b>	A
316	<b>S.C.</b> (F), 49	S/B	<b><u>Hot</u></b>	LRTI (dry cough, throat inflamed, bodyaches, fever) <b>Hot</b> & Dry. Pmhx: Asthma (Bil) <b>Hot</b> & Dry, Hayfever <b>Hot</b> & Dry	Sang/Bil/Mel	<b>Yes</b>	A/C
317	<b>M.F.L.</b> (M), 49	S/B	<b><u>Hot</u></b>	LRTI (green phlegm, smoker, chest pain when coughing) <b>Hot</b> & Dry. Pmhx: HPT <b>Hot</b> & Moist	Sang/Bil	<b>Yes</b>	A/C
318	<b>S.W.</b> (F), 49	S/P	<b><u>Moist</u></b>	Nausea and vomiting <b>Moist</b> & Cold. Pmhx: Diabetes <b>Moist</b> & Hot	Sang/Phleg	<b>Yes</b>	A/C
319	<b>B.D.</b> (F), 49	P/M	<b><u>Cold</u></b>	Muscle spasms <b>Cold</b> & Dry. Pmhx: Consipation <b>Cold</b> & Dry, CHOL <b>Cold</b> & Dry	Phleg/Mel	<b>Yes</b>	A/C
320	<b>O.C.</b> (F), 49	P/S	<b><u>Moist</u></b>	Nerve entrapment (neck and shoulder) <u>Cold &amp; Dry</u> . Pmhx: OA <u>Cold &amp; Dry</u>	Phleg/Sang/Mel	<b>No</b>	C
321	<b>Z.S.</b> (F), 49	P/S	<b><u>Moist</u></b>	Stress Hot & Dry. Pmhx: HPT <b>Moist</b> & Hot	Phleg/Sang/Bil	<b>Yes/No</b>	C
322	<b>A.K.</b> (F), 49	M/B	<b><u>Dry</u></b>	CHOL <b>Dry</b> & Cold. Pmhx: Endometriosis <b>Dry</b> & Cold	Mel/Bil	<b>Yes</b>	C
323	<b>A.J.</b> (F), 50	S/P	<b><u>Moist</u></b>	Influenza <b>Moist</b> & Cold. Pmhx: Aneamia <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
324	<b>S.A.</b> (F), 50	S/P	<b><u>Moist</u></b>	URTI (tonsillar enlargment, throat inflamed, nasal congestion) <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
325	<b>M.W.</b> (F), 50	S/P	<b><u>Moist</u></b>	Fatigue <b>Moist</b> & Cold/Dry. Pmhx: HPT <b>Moist</b> & Hot	Sang/Phleg	<b>Yes</b>	A/C
326	<b>B.M.</b> (F), 50	P/S	<b><u>Moist</u></b>	HPT 145/90 <b>Moist</b> & Hot, Migraine (frontal) <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A/C
327	<b>J.T.</b> (F), 50	S/B	<b><u>Hot</u></b>	HPT 130/80 <b>Hot</b> & Moist. Pmhx: Asthma (Bil) <b>Hot</b> & Dry	Sang/Bil	<b>Yes</b>	A/C
328	<b>M.S.S.</b> (M), 51	S/B	<b><u>Hot</u></b>	Influenza (fever + chills, productive cough, tonsillar enlargment) <u>Cold &amp; Moist</u> . Pmhx: HPT <b>Hot</b> & Moist	Sang/Bil/Mel	<b>Yes/No</b>	A/C

329	<b>S.S.</b> (F), 50	S/P	<b>Moist</b>	Myositis (MSK) (back pain) <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>No</b>	A/C
330	<b>M.D.</b> (M), 50	S/P	<b>Moist</b>	URTI (sore throat, runy nose, coughing) <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A/C
331	<b>N.S.</b> (F), 50	S/P	<b>Moist</b>	RA (hands) <b>Moist &amp; Hot</b> , Constipation <u>Cold &amp; Dry</u> , CHOL <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	C
332	<b>H.R.J.</b> (F), 50	M/B	<b>Dry</b>	Myositis/Arthritis (MSK) <b>Dry &amp; Cold</b>	Mel/Bil	<b>Yes</b>	C
333	<b>L.G.</b> (F), 50	B/M	<b>Dry</b>	Myositis (MSK) (shoulder and muscle pain) <b>Dry &amp; Cold</b> , HPT 150/100 <b>Dry &amp; Cold</b>	Bil/Mel	<b>Yes</b>	C
334	<b>L.M.</b> (F), 50	S/P	<b>Moist</b>	OA (back) <u>Cold &amp; Dry</u> . Pmhx: Gallstones removal <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>No</b>	C
335	<b>G.S.W.</b> (F), 50	B/S	<b>Hot</b>	Myositis (MSK)/Sciatica <u>Cold &amp; Dry</u>	Bil/Sang/Mel	<b>No</b>	C
336	<b>D.L.R.</b> (F), 50	P/S	<b>Moist</b>	Sciatica/Myositis (MSK) (back pain), worse during the cold <u>Cold &amp; Dry</u>	Phleg/Sang/Mel	<b>No</b>	C
337	<b>R.S.</b> (M), 50	B/M	<b>Dry</b>	Stress <b>Dry &amp; Hot</b> , HPT 130/90 <b>Dry &amp; Cold</b>	Bil/Mel	<b>Yes</b>	C
338	<b>N.J.</b> (M), 50	B/S	<b>Hot</b>	HPT 140/90 <b>Hot &amp; Moist</b>	Bil/Sang	<b>Yes</b>	C
339	<b>R.D.</b> (M), 50	M/P	<b>Cold</b>	Gastritis (stomach cramps, increased fizzy drinks, epigastric pain) <u>Hot &amp; Dry</u> , Burning urine <u>Hot &amp; Dry</u> , Belching <b>Cold &amp; Dry</b> , Flatulence <b>Cold &amp; Dry</b>	Mel/Phleg/Bil	<b>Yes/No</b>	A
340	<b>V.P.</b> (F), 51	M/P	<b>Cold</b>	Plantar fasciitis (foot pain) <b>Cold &amp; Dry</b> , Aneamia (fatigue, dizziness) <b>Cold &amp; Moist/Dry</b>	Mel/Phleg	<b>Yes</b>	A/C
341	<b>M.G.D.</b> (M), 51	S/P	<b>Moist</b>	Myositis (MSK) (bodyaches, lowerback pain) <u>Cold &amp; Dry</u> . Pmhx: Diabetes <b>Moist &amp; Hot</b> , CHOL <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	C
342	<b>A.L.</b> (M), 51	M/P	<b>Cold</b>	Myositis (MSK) (muscular pain) <b>Cold &amp; Dry</b> . Pmhx: Renal Failure <b>Cold &amp; Dry</b>	Mel/Phleg	<b>Yes</b>	C
343	<b>L.I.</b> (F), 51	M/P	<b>Cold</b>	Myositis (MSK) <b>Cold &amp; Dry</b> , Insomnia <b>Cold &amp; Dry</b> . Pmhx: Hypothyroidism <b>Cold &amp; Moist/Dry</b> , Fatigue <b>Cold &amp; Moist/Dry</b> , Constipation <b>Cold &amp; Dry</b>	Mel/Phleg	<b>Yes</b>	C
344	<b>F.A.</b> (F), 52	B/M	<b>Dry</b>	URTI (throat infammed, dry mouth) <b>Dry &amp; Hot</b> , Allergic rhinitis <b>Dry &amp; Hot</b>	Bil/Mel	<b>Yes</b>	A
345	<b>C.L.</b> (F), 52	S/B	<b>Hot</b>	LRTI (bronchitis, productive cough, painful chest, epistaxis, throat infammation) <b>Hot &amp; Dry</b> . Pmhx: Asthma (Bil) <b>Hot &amp; Dry</b> , TB <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A/C
346	<b>J.O.</b> (M), 52	S/P	<b>Moist</b>	Sinusitis frontal congestion <b>Moist &amp; Cold</b> . Pmhx: HPT <b>Moist &amp; Hot</b> , Eczema <b>Moist &amp; Hot</b>	Sang/Phleg	<b>Yes</b>	A/C

347	<b>M.B.</b> (M), 52	S/B	<b>Hot</b>	URTI (sore throat, yellow phlegm) <b>Hot &amp; Dry</b> , Eczema (dry skin) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Hot &amp; Moist</b>	Sang/Bil/Mel	<b>Yes/No</b>	A/C
348	<b>R.F.</b> (F), 52	B/S	<b>Hot</b>	URTI (productive cough, nasal congestion) <u>Cold &amp; Moist</u> . Pmhx: HPT <b>Hot &amp; Moist</b>	Bil/Sang/Phleg	<b>Yes/No</b>	A/C
349	<b>F.M.</b> (M), 52	S/B	<b>Hot</b>	URTI (sore throat, dry cough, smoker) <b>Hot &amp; Dry</b> . Pmhx: HPT <b>Hot &amp; Moist</b> , Chol <u>Cold &amp; Dry</u>	Sang/Bil/Mel	<b>Yes/No</b>	A/C
350	<b>S.E.</b> (F), 52	M/B	<b>Dry</b>	Anxiety (anxious) <b>Dry &amp; Hot</b> , Palpitations <b>Dry &amp; Hot</b> , CHOL <b>Dry &amp; Cold</b> . Pmhx: Depression <b>Dry &amp; Cold</b> , HPT <b>Dry &amp; Cold</b>	Mel/Bil	<b>Yes</b>	C
351	<b>S.D.</b> (F), 52	P/M	<b>Cold</b>	OA (shoulder and spine pain) <b>Cold &amp; Dry</b>	Phleg/Mel	<b>Yes</b>	C
352	<b>M.S.</b> (F), 52	P/M	<b>Cold</b>	OA (back - worse during cold weather) <b>Cold &amp; Dry</b>	Phleg/Mel	<b>Yes</b>	C
353	<b>R.B.</b> (M), 52	P/S	<b>Moist</b>	OA (shoulder) <u>Cold &amp; Dry</u> , Glucosuria <b>Moist &amp; Cold</b> . Pmhx: HPT <b>Moist &amp; Hot</b>	Phleg/Sang/Mel	<b>Yes/No</b>	C
354	<b>C.S.</b> (F), 52	M/B	<b>Dry</b>	Fibromyalgia (entire body painful) <b>Dry &amp; Cold</b> , OA (back) <b>Dry &amp; Cold</b> . Pmhx: Hypotension <b>Dry &amp; Cold</b>	Mel/Bil	<b>Yes</b>	C
355	<b>S.A.</b> (M), 52	P/S	<b>Moist</b>	HPT 160/100 <b>Moist &amp; Hot</b> . Pmhx: Panic disorder/Claustrophobia <u>Cold &amp; Dry</u> , CHOL <u>Cold &amp; Dry</u>	Phleg/Sang/Mel	<b>Yes/No</b>	C
356	<b>B.S.</b> (F), 52	B/S	<b>Hot</b>	Menorrhagia(excessive bleeding) <b>Hot &amp; Dry</b> , Diabetes 14.9mmol <b>Hot &amp; Moist</b> . Pmhx: HPT <b>Hot &amp; Moist</b>	Bil/Sang	<b>Yes</b>	C
357	<b>J.C.L.</b> (M), 53	M/P	<b>Cold</b>	LRTI (productive cough, sore throat) <b>Cold &amp; Moist</b> , Glucosuria <b>Cold &amp; Moist</b> . Pmhx: Hypotension <b>Cold &amp; Moist/Dry</b>	Mel/Phleg	<b>Yes</b>	A
358	<b>N.A.</b> (F), 53	P/S	<b>Moist</b>	Diarrhoea (loose watery stools) <b>Moist &amp; Cold</b> . Pmhx: Heart pathology <u>Cold &amp; Dry</u>	Phleg/Sang/Mel	<b>Yes/No</b>	A/C
359	<b>D.W.</b> (M), 53	S/P	<b>Moist</b>	Diarrhoea (loose watery stools, abdominal cramps) <b>Moist &amp; Cold</b> . Pmhx: HPT <b>Moist &amp; Hot</b>	Sang/Phleg	<b>Yes</b>	A/C
360	<b>J.D.</b> (F), 53	B/S	<b>Hot</b>	Tendonitis (achilles pain) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Hot &amp; Moist</b>	Bil/Sang/Mel	<b>Yes/No</b>	A/C
361	<b>E.F.</b> (F), 53	P/S	<b>Moist</b>	URTI (head + nasal congestion, sore throat) <b>Moist &amp; Cold</b> . Pmhx: HPT <b>Moist &amp; Hot</b> , Angina <u>Cold &amp; Dry</u>	Phleg/Sang/Mel	<b>Yes/No</b>	A/C
362	<b>M.N.V.</b> (M), 53	M/B	<b>Dry</b>	Diabetes 13.3 <b>Dry &amp; Cold</b> , OA (back) <b>Dry &amp; Cold</b> . Pmhx: HPT <b>Dry &amp; Cold</b>	Mel/Bil	<b>Yes</b>	C
363	<b>F.I.</b> (M), 53	S/B	<b>Hot</b>	Headaches (parietal) <b>Hot &amp; Moist</b> , Stress <b>Hot &amp; Dry</b> . Pmhx: HPT <b>Hot &amp; Moist</b>	Sang/Bil	<b>Yes</b>	C
364	<b>S.J.</b> (F), 53	S/P	<b>Moist</b>	Myositis (MSK) (chronic lower back pain) <u>Cold &amp; Dry</u> . Pmhx: Hypothyroidism <b>Moist &amp; Cold/Dry</b>	Sang/Phleg/Mel	<b>Yes/No</b>	A
365	<b>Z.M.</b> (F), 54	P/S	<b>Moist</b>	URTI (sore throat) <b>Moist &amp; Cold</b> , Nausea <b>Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	A



366	<b>M.V.D.M.</b> (F), 54	S/P	<b>Moist</b>	Indigestion (epigastric discomfort, bloating) <u>Cold &amp; Dry</u> , Constipation <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist &amp; Hot</b> , OA (back) <u>Cold &amp; Dry</u> , Hyperacidity <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
367	<b>S.C.</b> (F), 54	M/P	<b>Cold</b>	URTI (earache; sore throat, tonsils enlarged) <b>Cold &amp; Moist</b> , Increased stress levels <u>Hot &amp; Dry</u> . Pmhx: HPT <b>Cold &amp; Dry</b>	Mel/Phleg/Bil	<b>Yes/No</b>	A/C
368	<b>C.B.</b> (F), 54	P/S	<b>Moist</b>	URTI (nasal congestion, teary eyes, sore throat) <b>Moist &amp; Cold</b> . Pmhx: HPT <b>Moist &amp; Hot</b> , Diabetes <b>Moist &amp; Hot</b>	Phleg/Sang	<b>Yes</b>	A/C
369	<b>S.R.</b> (F), 54	B/M	<b>Dry</b>	OA (knee stiffness) <b>Dry &amp; Cold</b> , Glucosuria <b>Dry &amp; Cold</b> . Pmhx: HPT <b>Dry &amp; Cold</b> , CHOL <b>Dry &amp; Cold</b>	Bil/Mel	<b>Yes</b>	C
370	<b>G.M.</b> (F), 54	S/P	<b>Moist</b>	OA (lowerback pain) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist &amp; Hot</b>	Sang/Phleg/Mel	<b>Yes/No</b>	C
371	<b>R.B.</b> (M), 54	B/S	<b>Hot</b>	OA (joint pain & stiffness) <u>Cold &amp; Dry</u> . Pmhx: Asthma <b>Hot &amp; Dry</b> , HPT <b>Hot &amp; Moist</b>	Bil/Sang/Mel	<b>Yes/No</b>	C
372	<b>G.S.</b> (M), 54	S/P	<b>Moist</b>	HTN 145/90 <b>Moist &amp; Hot</b> , Fatigue <b>Moist &amp; Cold/Dry</b> . Pmhx: Gout <u>Cold &amp; Dry</u> , Haemorrhoids <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	C
373	<b>M.M.S.</b> (M), 54	S/B	<b>Hot</b>	HPT 160/120 <b>Hot &amp; Moist/Cold &amp; Dry</b> , Constipation <u>Cold Dry</u>	Sang/Bil/Mel	<b>Yes/No</b>	C
374	<b>J.D.</b> (F), 54	B/S	<b>Hot</b>	Myositis (MSK) (lowerback pain) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Hot &amp; Moist</b> , CHOL <u>Cold &amp; Dry</u>	Bil/Sang/Mel	<b>Yes/No</b>	C
375	<b>B.D.</b> (M), 55	S/P	<b>Moist</b>	LRTI (increased salivation, crackles on auscultation) <b>Moist &amp; Cold</b> , UTI (leucocytes 1+) <b>Moist &amp; Hot</b> . Pmhx: HPT <b>Moist &amp; Hot</b>	Sang/Phleg	<b>Yes</b>	A/C
376	<b>A.L.M.</b> (F), 55	S/P	<b>Moist</b>	URTI (runny nose, productive cough) <b>Moist &amp; Cold</b> , OA (back and knees) <u>Cold &amp; Dry</u> , HPT 140/80 <b>Moist &amp; Cold</b> , Diabetes 18.8 <b>Moist &amp; Hot</b>	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
377	<b>M.R.</b> (F), 55	M/P	<b>Cold</b>	UTI (leucocytes, erythrocytes, protein) <b>Cold &amp; Dry</b> , HPT 180/100 <b>Cold &amp; Dry</b> , CHOL <b>Cold &amp; Dry</b>	Mel/Phleg	<b>Yes</b>	A/C
378	<b>T.D.M.</b> (F), 55	S/P	<b>Moist</b>	URTI (sore throat, mild productive cough) <b>Moist &amp; Cold</b> . Pmhx: HPT <b>Moist &amp; Hot</b> , Sinusitis <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A/C
379	<b>S.D.</b> (M), 55	P/M	<b>Cold</b>	Asthma (productive cough, wheezing chest) <b>Cold &amp; Moist</b>	Phleg/Mel	<b>Yes</b>	C
380	<b>P.S.</b> (F), 55	M/P	<b>Cold</b>	Myositis (MSK) (back pain) <b>Cold &amp; Dry</b> , Aneamia <b>Cold &amp; Moist/Dry</b>	Mel/Phleg	<b>Yes</b>	C
381	<b>J.M.</b> (F), 55	S/P	<b>Moist</b>	Myositis (MSK) (lower back pain, low water intake) <u>Cold &amp; Dry</u> . Pmhx: CHOL <u>Cold &amp; Dry</u> , Diabetes <b>Moist &amp; Hot</b>	Sang/Phleg/Mel	<b>Yes/No</b>	C
382	<b>G.L.</b> (M), 55	P/M	<b>Cold</b>	Sciatica (lower back pain radiate down leg) <b>Cold &amp; Dry</b>	Phleg/Mel	<b>Yes</b>	C
383	<b>L.A.</b> (F), 55	P/M	<b>Cold</b>	Sciatica (back pain radiating into leg) <b>Cold &amp; Dry</b> . Pmhx: TB <u>Hot &amp; Dry</u> , HIV <b>Cold &amp; Moist</b>	Phleg/Mel/Bil	<b>Yes/No</b>	C

384	<b>U.G.</b> (F), 55	S/P	<b>Moist</b>	Stress & Anxiety <u>Hot &amp; Dry</u> , Insomnia <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist &amp; Hot</b> , CHOL <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	C
385	<b>R.L.</b> (F), 56	B/M	<b>Dry</b>	URTI (dry cough, sore throat) <b>Dry &amp; Hot</b> , Gastroenteritis (nausea, loose watery stools) <b>Dry &amp; Hot</b> . Pmhx: Heartburn <b>Dry &amp; Hot</b>	Bil/Mel	<b>Yes</b>	A
386	<b>J.J.</b> (F), 56	P/M	<b>Cold</b>	URTI (productive cough, very phlegmy, sore throat) <b>Cold &amp; Moist</b>	Phleg/Mel	<b>Yes</b>	A
387	<b>M.J.</b> (F), 56	B/M	<b>Dry</b>	Bronchitis (productive, yellow thick phlegm) <b>Dry &amp; Hot</b> , HTN 150/75 <b>Dry &amp; Cold</b> , Poor sleep <b>Dry &amp; Cold</b>	Bil/Mel	<b>Yes</b>	A/C
388	<b>M.A.</b> (F), 56	B/S	<b>Hot</b>	Skin infection (big toe), skin inflamed, red, painful <b>Hot &amp; Dry</b> . Pmhx: Diabetes <b>Hot &amp; Moist</b>	Bil/Sang	<b>Yes</b>	A/C
389	<b>E.W.</b> (M), 56	S/B	<b>Hot</b>	LRTI (productive cough, thick yellow phlegm) <b>Hot &amp; Dry</b> . Pmhx: HPT <b>Hot &amp; Moist</b>	Sang/Bil	<b>Yes</b>	A/C
390	<b>A.A.</b> (M), 56	M/P	<b>Cold</b>	LRTI (wheezing chest, productive cough) <b>Cold &amp; Moist</b> , Myositis (MSK) (lowerback) <b>Cold &amp; Dry</b>	Mel/Phleg	<b>Yes</b>	A/C
391	<b>M.K.</b> (F), 56	S/B	<b>Hot</b>	Allergic rhinitis (Itchy throat) <b>Hot &amp; Dry</b> , Stress <b>Hot &amp; Dry</b> , CHOL <u>Cold &amp; Dry</u> , HPT <b>Hot &amp; Moist</b>	Sang/Bil/Mel	<b>Yes/No</b>	A/C
392	<b>C.I.</b> (F), 56	P/S	<b>Moist</b>	URTI (productive cough, runny nose) <b>Moist &amp; Cold</b> , CHOL <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist &amp; Hot</b> , Asthma (Phleg) <b>Moist &amp; Hot</b>	Phleg/Sang/Mel	<b>Yes/No</b>	A/C
393	<b>T.M.</b> (F), 56	P/M	<b>Cold</b>	OA (lumbar back pain) <b>Cold &amp; Dry</b>	Phleg/Mel	<b>Yes</b>	C
394	<b>M.K.</b> (F), 56	S/B	<b>Hot</b>	Chol <u>Cold &amp; Dry</u> , Myositis (MSK) <u>Cold &amp; Dry</u>	Sang/Bil/Mel	<b>No</b>	C
395	<b>S.D.</b> (F), 56	B/S	<b>Hot</b>	HPT 140/80 <b>Hot &amp; Moist</b> , Stress <b>Hot &amp; Dry</b>	Bil/Sang	<b>Yes</b>	C
396	<b>T.T.</b> (F), 56	S/P	<b>Moist</b>	OA (shoulder) <u>Cold &amp; Dry</u> , Insomnia <u>Cold &amp; Dry</u> , Runny nose <b>Moist &amp; Cold</b> . Pmhx: HPT <b>Moist &amp; Hot</b>	Sang/Phleg/Mel	<b>Yes/No</b>	C
397	<b>C.J.</b> (M), 56	P/S	<b>Moist</b>	Sciatica (lowerback pain radiating down the leg) <u>Cold &amp; Dry</u>	Phleg/Sang/Mel	<b>No</b>	C
398	<b>P.W.</b> (F), 57	B/M	<b>Dry</b>	Allergies/Urticaria (pruritic bumps on the skin) <b>Dry &amp; Hot</b> . Pmhx: HPT <b>Dry &amp; Cold</b> , CA lump removal <b>Dry &amp; Cold</b>	Bil/Mel	<b>Yes</b>	A/C
399	<b>S.S.M.</b> (M), 57	S/P	<b>Moist</b>	LRTI (productive cough, headaches (frontal), wheezing chest) <b>Moist &amp; Cold</b> . Pmhx: HPT <b>Moist &amp; Hot</b>	Sang/Phleg	<b>Yes</b>	A/C
400	<b>I.S.</b> (M), 57	P/M	<b>Cold</b>	URTI (feeling cold, heavy head, fasting) <b>Cold &amp; Moist</b> . Pmhx: HPT <b>Cold &amp; Dry</b>	Phleg/Mel	<b>Yes</b>	A/C
401	<b>V.Y.W.</b> (F), 57	S/P	<b>Moist</b>	OA (lower back) <u>Cold &amp; Dry</u> , Sciatica (pain radiating from lowerback into the leg) <u>Cold &amp; Dry</u> , Bloating <b>Moist &amp; Cold/Dry</b> , Constipation <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist &amp; Hot</b> , CHOL <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	C

402	A.A. (M), 57	B/S	<b>Hot</b>	Glucosuria <b>Hot &amp; Moist</b> , HPT 110/70 <b>Hot &amp; Moist</b> . Pmhx: CHOL <u>Cold &amp; Dry</u> , Stroke <b>Hot &amp; Dry</b>	Bil/Sang/Mel	<b>Yes/No</b>	C
403	E.T.M. (F), 57	P/S	<b>Moist</b>	HPT 138/100 <b>Moist &amp; Hot</b> , Diabetes 15.2 <b>Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	C
404	R.W. (M), 58	S/P	<b>Moist</b>	Diarrhoea (runny, watery stool) <b>Moist &amp; Cold</b> . Phmx: HPT <b>Moist &amp; Hot</b>	Sang/Phleg	<b>Yes</b>	A/C
405	A.B. (M), 58	P/S	<b>Moist</b>	URTI (productive cough, runny nose, tonsillar enlargement) <b>Moist &amp; Cold</b> , Diabetes 10.5 <b>Moist &amp; Cold</b> . Pmhx: Psoriasis <u>Cold &amp; Dry</u> , Inguinal Hernia <b>Moist &amp; Cold</b>	Phleg/Sang/Mel	<b>Yes/No</b>	A/C
406	S.T. (M), 58	S/P	<b>Moist</b>	URTI (runny nose, productive cough) <b>Moist &amp; Cold</b> , Headaches (frontal) <b>Moist &amp; Cold</b> . Pmhx: CHOL <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
407	A.V.R. (M), 58	B/M	<b>Dry</b>	URTI (inflamed throat) <b>Dry &amp; Hot</b> , Gastritis (burning sensation, increase in spicy food, smoker) <b>Dry &amp; Hot</b> . Pmhx: CHOL <b>Dry &amp; Cold</b>	Bil/Mel	<b>Yes</b>	A/C
408	M.R. (F), 58	P/S	<b>Moist</b>	UTI (leucocytes) <b>Moist &amp; Hot</b> , Constipated <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist &amp; Hot</b>	Phleg/Sang/Mel	<b>Yes/No</b>	A/C
409	A.S. (M), 58	S/P	<b>Moist</b>	Angina (chest pain) <u>Cold &amp; Dry</u> . Pmhx: MI <u>Cold &amp; Dry</u> , HPT <b>Moist &amp; Hot</b> , Infective endocarditis <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	C
410	S.A. (F), 58	P/S	<b>Moist</b>	OA (joint stiffness and pain) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist &amp; Hot</b>	Phleg/Sang/Mel	<b>Yes/No</b>	C
411	J.J. (F), 58	P/M	<b>Cold</b>	HPT 140/90 <b>Cold &amp; Dry</b> , Neuralgia (nerve pain) <b>Cold &amp; Dry</b> , CHOL <b>Cold &amp; Dry</b>	Phleg/Mel	<b>Yes</b>	C
412	V.S. (F), 58	S/B	<b>Hot</b>	Myositis (MSK) (back pain) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Hot &amp; Moist</b> , CHOL <u>Cold &amp; Dry</u>	Sang/Bil/Mel	<b>Yes/No</b>	C
413	N.K. (M), 58	B/S	<b>Hot</b>	Sciatica (lowerback pain radiating into leg) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Hot &amp; Moist</b>	Bil/Sang/Mel	<b>Yes/No</b>	C
414	T.P. (M), 59	S/P	<b>Moist</b>	URTI (productive cough, nasal congestion) <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A
415	C.E.S. (F), 59	S/P	<b>Moist</b>	LRTI (productive cough) <b>Moist &amp; Cold</b> , Influenza (productive cough, bodyaches, loss of appetite) <b>Moist &amp; Cold</b> . Pmhx: HPT <b>Moist &amp; Hot</b> , CHOL <u>Cold &amp; Dry</u> , Hypothyroidism <b>Cold &amp; Moist/Dry</b>	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
416	M.D. (F), 59	M/B	<b>Dry</b>	OA (shoulder) <b>Dry &amp; Cold</b>	Mel/Bil	<b>Yes</b>	C
417	M.W. (F), 59	P/S	<b>Moist</b>	OA (joint stiffness and pain) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist &amp; Hot</b>	Phleg/Sang/Mel	<b>Yes/No</b>	C
418	V.L. (F), 59	S/P	<b>Moist</b>	OA (joint pain & stiffness) <u>Cold &amp; Dry</u> , Neuralgia (nerve pain) <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>No</b>	C

419	<b>E.K.W.</b> (M), 59	S/B	<b>Hot</b>	Nerve entrapment (nerve pain, numbness) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Hot</b> & Moist, OA <u>Cold &amp; Dry</u> , Peptic ulcer <u>Cold &amp; Dry</u>	Sang/Bil/Mel	<b>Yes/No</b>	C
420	<b>S.B.</b> (F), 60	P/S	<b>Moist</b>	Influenza (phlegmy chest, bodyaches, nasal congestion) <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A
421	<b>G.C.</b> (M), 64	M/B	<b>Dry</b>	LRTI (chest pain, increased HR and fever) <b>Dry</b> & Hot	Mel/Bil	<b>Yes</b>	A
422	<b>S.G.</b> (F), 60	P/S	<b>Moist</b>	LRTI (productive cough, wheezing chest, sore throat) <b>Moist</b> & Cold, Sciatica <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist</b> & Hot	Phleg/Sang/Mel	<b>Yes/No</b>	A/C
423	<b>S.K.J.</b> (M), 60	P/S	<b>Moist</b>	Scabies (itchy skin) <b>Moist</b> & Hot. Pmhx: HPT <b>Moist</b> & Hot, Asthma (Phleg) <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A/C
424	<b>P.M.</b> (F), 62	S/B	<b>Hot</b>	LRTI (dry cough, fever, bodyaches, wheeze) <b>Hot</b> & Dry. Pmhx: HPT <b>Hot</b> & Moist, Gallstones removal <u>Cold &amp; Dry</u> , Angina <u>Cold &amp; Dry</u> , Hypothyroidism <u>Cold &amp; Moist/Dry</u>	Sang/Bil/Mel/Phleg	<b>Yes/No</b>	A/C
425	<b>M.S.B.</b> (M), 62	B/M	<b>Dry</b>	Myositis (MSK) (shoulder painful) <b>Dry</b> & Cold, Dysuria (burning urine) <b>Dry</b> & Hot, Diabetes 13.9 <b>Dry</b> & Cold. Pmhx: HPT <b>Dry</b> & Cold/Hot, CHOL <b>Dry</b> & Cold, Angina Pectoris <b>Dry</b> & Cold	Bil/Mel	<b>Yes</b>	A/C
426	<b>R.M.</b> (F), 62	P/S	<b>Moist</b>	Otitis media (earache, recovering from flu symptoms) <b>Moist</b> & Cold. Pmhx: HPT <b>Moist</b> & Hot, CHOL <u>Cold &amp; Dry</u>	Phleg/Sang/Mel	<b>Yes/No</b>	A/C
427	<b>E.W.</b> (F), 63	S/P	<b>Moist</b>	Constipation/Faecal impaction <u>Cold &amp; Dry</u> , Haemorrhoids <u>Cold &amp; Dry</u> . Pmhx: Asthma (Phleg) <b>Moist</b> & Cold, HPT <b>Moist</b> & Hot, Diabetes <b>Moist</b> & Hot	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
428	<b>V.V.D.B.</b> (F), 64	S/B	<b>Hot</b>	OA (ankle & wrist pain) <u>Cold &amp; Dry</u> , Stress <b>Hot</b> & Dry. Pmhx: Diabetes <b>Hot</b> & Moist, Chol <u>Cold &amp; Dry</u> , HPT <b>Hot</b> & Moist	Sang/Bil/Mel	<b>Yes/No</b>	A/C
429	<b>M.L.</b> (M), 65	M/B	<b>Dry</b>	LRTI (wheezy chest) <b>Dry</b> & Cold. Pmhx: OA <b>Dry</b> & Cold	Mel/Bil	<b>Yes</b>	A/C
430	<b>S.J.</b> (F), 66	S/P	<b>Moist</b>	LRTI (dry + wheezy chest, worse at night for 3 weeks) <u>Cold &amp; Dry</u> . Pmhx: Eczema <b>Moist</b> & Cold, HPT <b>Moist</b> & Hot	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
431	<b>G.S.</b> (F), 67	S/P	<b>Moist</b>	URTI (productive cough, recovering from flu, nasal congestion) <b>Moist</b> & Cold. Pmhx: HPT <b>Moist</b> & Hot, CHOL <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
432	<b>S.W.</b> (F), 67	M/P	<b>Cold</b>	UTI (bladder pain) <b>Cold</b> & Dry, Haemorrhoids <b>Cold</b> & Dry. Pmhx: HPT <b>Cold</b> & Dry, Diabetes <b>Cold</b> & Moist/Dry	Mel/Phleg	<b>Yes</b>	A/C
433	<b>M.W.</b> (F), 68	S/B	<b>Hot</b>	Sinusitis (congestion), Headaches (frontal) <u>Cold &amp; Moist</u> , Sciatica (lowerback pain radiating to leg) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Hot</b> & Moist, CHOL <u>Cold &amp; Dry</u>	Sang/Bil	<b>Yes/No</b>	A/C

434	C.A. (M), 68	S/B	<b>Hot</b>	URTI (nose burning for 1 month) <b>Hot &amp; Dry</b> . Pmhx: HPT <b>Hot &amp; Moist</b>	Sang/Bil	<b>Yes</b>	A/C
435	J.D. (F), 69	M/B	<b>Dry</b>	LRTI (body pains, productive coughing, runny nose, tight chest) <b>Cold &amp; Moist</b> . Pmhx: OA (joints) <b>Dry &amp; Cold</b>	Mel/Bil/Phleg	<b>Yes/No</b>	A/C
436	C.G. (F), 69	P/S	<b>Moist</b>	LRTI (productive cough - yellow/brown phlegm, with wheezing chest, smoker) <b>Hot &amp; Dry</b> , Sciatica (lowerback pain radiating down the lower limbs) <b>Cold &amp; Dry</b> . Pmhx: HPT <b>Moist &amp; Hot</b>	Phleg/Sang/Mel/Bil	<b>Yes/No</b>	A/C
437	I.H. (M), 60	S/P	<b>Moist</b>	Myositis (MSK) (stiff muscles) <b>Cold &amp; Dry</b> . Pmhx: HPT <b>Moist &amp; Hot</b>	Sang/Phleg/Mel	<b>Yes/No</b>	C
438	F.I. (F), 60	M/P	<b>Cold</b>	OA (back and joint pain) <b>Cold &amp; Dry</b> , Constipated <b>Cold &amp; Dry</b> , Diabetes 6.5 <b>Cold &amp; Moist/Dry</b> . Pmhx: CHOL <b>Cold &amp; Dry</b>	Mel/Phleg	<b>Yes</b>	C
439	S.J. (F), 60	P/M	<b>Cold</b>	Sciatica (lowerback pain radiating down the leg) <b>Cold &amp; Dry</b>	Phleg/Mel	<b>Yes</b>	C
440	A.S. (F), 61	P/S	<b>Moist</b>	Myositis (MSK) (back pain) <b>Cold &amp; Dry</b>	Phleg/Mel	<b>No</b>	C
441	B.H. (F), 61	P/M	<b>Cold</b>	Venous insufficiency (stiff, throbbing pain in calf, varicose veins) <b>Cold &amp; Dry</b>	Phleg/Mel	<b>Yes</b>	C
442	C.F. (F), 62	M/B	<b>Dry</b>	OA (stiffness and pain) <b>Dry &amp; Cold</b> , Diabetes 10.7 <b>Dry &amp; Cold</b> , HPT 150/86 <b>Dry &amp; Cold</b> , Hypothyroidism (hair thinning, dizziness, fatigue) <b>Cold &amp; Moist/Dry</b>	Mel/Bil/Phleg	<b>Yes/No</b>	C
443	M.H. (M), 62	M/B	<b>Dry</b>	Xerostomia (dry mouth) <b>Dry &amp; Cold</b> . Pmhx: HPT <b>Dry &amp; Cold</b> , Prostate op <b>Dry &amp; Cold</b>	Mel/Bil	<b>Yes</b>	C
444	L.J. (F), 63	S/P	<b>Moist</b>	OA (joint pain and stiffness) <b>Cold &amp; Dry</b> . Pmhx: HPT <b>Moist &amp; Hot</b> , Asthma (Phleg) <b>Moist &amp; Cold</b>	Sang/Phleg/Mel	<b>Yes/No</b>	C
445	I.D. (M), 63	B/M	<b>Dry</b>	OA (joint + back pain) <b>Dry &amp; Cold</b> . Pmhx: Prostate CA <b>Dry &amp; Cold</b>	Bil/Mel	<b>Yes</b>	C
446	F.J.J. (F), 63	S/B	<b>Hot</b>	Myositis (upper backache) <b>Cold &amp; Dry</b> . Pmhx: CHOL <b>Cold &amp; Dry</b> , Gout <b>Cold &amp; Dry</b> , Kidney stones <b>Cold &amp; Dry</b> , HPT <b>Hot &amp; Moist</b>	Sang/Bil/Mel	<b>Yes/No</b>	C
447	R.K. (F), 64	S/P	<b>Moist</b>	Onchomycosis (toe nail discolored, fungal) <b>Moist &amp; Cold/Dry</b> . Pmhx: Diabetes <b>Moist &amp; Hot</b> , OA (knees) <b>Cold &amp; Dry</b>	Sang/Phleg/Mel	<b>Yes/No</b>	C
448	A.V. (M), 65	S/B	<b>Hot</b>	Anxiety <b>Cold &amp; Dry</b> , Stress <b>Hot &amp; Dry</b> . Pmhx: Stomach CA <b>Cold &amp; Dry</b> , Diabetes <b>Hot &amp; Moist</b> , CHOL <b>Hot &amp; Moist</b> , HPT <b>Hot &amp; Moist</b>	Sang/Bil/Mel	<b>Yes/No</b>	C
449	L.S. (F), 65	P/M	<b>Cold</b>	OA (joint pain and stiffness) <b>Cold &amp; Dry</b> . Pmhx: HPT <b>Cold &amp; Dry</b>	Phleg/Mel	<b>Yes</b>	C
450	K.K. (F), 65	S/P	<b>Moist</b>	OA (joint pain and stiffness) <b>Cold &amp; Dry</b> . Pmhx: HPT <b>Moist &amp; Hot</b> , Gout <b>Cold &amp; Dry</b>	Sang/Phleg/Mel	<b>Yes/No</b>	C

451	Z.A. (F), 65	S/P	<b>Moist</b>	Headaches (parietal) <b>Moist</b> & Hot. Pmhx: CHOL <u>Cold &amp; Dry</u> , OA <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	C
452	A.B. (M), 65	P/S	<b>Moist</b>	Dermatitis/Eczema (pruritic + dry all over the body >1yr) <u>Cold &amp; Dry</u> . Pmhx: Diabetes <b>Moist</b> & Hot, HPT <b>Moist</b> & Hot, OA <u>Cold &amp; Dry</u>	Phleg/Sang/Mel	<b>Yes/No</b>	C
453	A.L.K. (M), 65	S/P	<b>Moist</b>	Myalgia (body pains) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist</b> & Hot, Diabetes <b>Moist</b> & Hot	Sang/Phleg/Mel	<b>Yes/No</b>	C
454	J.S. (F), 66	S/P	<b>Moist</b>	OA (joint pain) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist</b> & Hot	Sang/Phleg/Mel	<b>Yes/No</b>	C
455	M.M.J. (M), 66	M/P	<b>Cold</b>	Arthritis (joint pain) <b>Cold</b> & Dry	Mel/Phleg	<b>Yes</b>	C
456	M.S. (F), 66	M/P	<b>Cold</b>	Arthritis (joint pain) <b>Cold</b> & Dry. Pmhx: Bipolar <b>Cold</b> & Moist/Dry, Epilepsy <b>Cold</b> & Moist	Mel/Phleg	<b>Yes</b>	C
457	S.M. (M), 66	S/B	<b>Hot</b>	Asthma (Bil) (dry cough, smoker, tight chest) <b>Hot</b> & Dry. Pmhx: OA (back) <u>Cold &amp; Dry</u>	Sang/Bil/Mel	<b>Yes/No</b>	C
458	F.M. (F), 68	P/M	<b>Cold</b>	OA (joint pains) <b>Cold</b> & Dry. Pmhx: Chol <b>Cold</b> & Dry	Phleg/Mel	<b>Yes</b>	C
459	J.J. (M), 68	M/B	<b>Dry</b>	CA (hematuria) <b>Dry</b> & Hot. Pmhx: HPT <b>Dry</b> & Cold	Mel/Bil	<b>Yes</b>	C
460	M.W. (F), 68	S/B	<b>Hot</b>	Sciatica (lower back pain radiating into lower limb) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Hot</b> & Moist, CHOL <u>Cold &amp; Dry</u>	Sang/Bil/Mel	<b>Yes/No</b>	C
461	H.J. (M), 69	B/S	<b>Hot</b>	OA (joint stiffness and pain) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Hot</b> & Moist	Bil/Sang/Mel	<b>Yes/No</b>	C
462	G.A. (F), 69	S/B	<b>Hot</b>	OA (shoulder & LBP) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Hot</b> & Moist, Diabetes <b>Hot</b> & Moist, Hypothyroidism-poor bowel movements <u>Cold &amp; Dry</u>	Sang/Bil/Mel	<b>Yes/No</b>	C
463	N.J. (F), 69	S/P	<b>Moist</b>	Myalgia (painful muscles, colder weather) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist</b> & Hot, Diabetes <b>Moist</b> & Hot	Sang/Phleg/Mel	<b>Yes/No</b>	C
464	P.A. (F), 64	S/B	<b>Hot</b>	Headaches (parietal) <b>Hot</b> & Moist, Stress <b>Hot</b> & Dry. Pmhx: Hyperacidity <b>Hot</b> & Dry	Sang/Bil	<b>Yes</b>	C
465	L.L. (F), 70	S/P	<b>Moist</b>	Dermatitis (widespread, pruritic lesions) <u>Cold &amp; Dry</u> . Pmhx: Diabetes <b>Moist</b> & Hot, HPT <b>Moist</b> & Hot, CHOL <u>Cold &amp; Dry</u> , Gout <u>Cold &amp; Dry</u> , Carpal Tunnel <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
466	F.M. (F), 70	B/M	<b>Dry</b>	OA (lower back, stiff neck) <b>Dry</b> & Cold	Bil/Mel	<b>Yes</b>	C

467	A.G. (F), 70	P/S	<b>Moist</b>	Diabetes 9.9 <b>Moist</b> & Hot. Pmhx: HPT <b>Moist</b> & Hot, CHOL <u>Cold &amp; Dry</u>	Phleg/Sang/Mel	<b>Yes/No</b>	C
468	K.A. (F), 71	P/M	<b>Cold</b>	Influenza (bodyaches, sore throat) <b>Cold</b> & Moist. Pmhx: TB <u>Hot &amp; Dry</u> , chronic lung pathology <b>Cold</b> & Dry	Phleg/Mel/Bil	<b>Yes/No</b>	A/C
469	C.A. (F), 71	P/S	<b>Moist</b>	URTI (nasal congestion, productive cough) <b>Moist</b> & Cold Pmhx: Hiatus hernia <b>Moist</b> & Cold, HPT <b>Moist</b> & Hot, CHOL <u>Cold &amp; Dry</u>	Phleg/Sang/Mel	<b>Yes/No</b>	A/C
470	A.A. (F), 71	S/P	<b>Moist</b>	Arthritis (joint pain) <u>Cold &amp; Dry</u> , Raynards (cold, numb, distal phalanges) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist</b> & Hot	Sang/Phleg/Mel	<b>Yes/No</b>	C
471	M.A. (F), 71	S/P	<b>Moist</b>	Dermatitis/Eczema (dry, cracked) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist</b> & Hot	Sang/Phleg/Mel	<b>Yes/No</b>	C
472	S.D. (F), 72	S/B	<b>Hot</b>	UTI (leucocytes, protein) <b>Hot</b> & Dry, URTI (productive cough) <u>Cold &amp; Moist</u> . Pmhx: CHOL <u>Cold &amp; Dry</u>	Bil/Mel/Phleg	<b>Yes/No</b>	A/C
473	E.D. (F), 72	M/P	<b>Cold</b>	OA (joint pain) <b>Cold</b> & Dry, Diabetes 18.9 mmol <b>Cold</b> & Moist/Dry. Pmhx: HPT <b>Cold</b> & Dry	Mel/Phleg	<b>Yes</b>	C
474	M.B. (F), 72	S/P	<b>Moist</b>	HPT 180/90 <b>Moist</b> & Hot. Pmhx: CHOL <u>Cold &amp; Dry</u> , RA <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	C
475	J.M. (F), 72	M/B	<b>Dry</b>	HPT 170/100, Dizziness, bp constantly elevated <b>Dry</b> & Cold, OA (painful + crepitus in knee joints) <b>Dry</b> & Cold. Pmhx: Bladder Ca <b>Dry</b> & Cold	Mel/Bil	<b>Yes</b>	C
476	R.M. (M), 72	M/B	<b>Dry</b>	IBS (foul smelling stool, intermittent LAP) <b>Dry</b> & Cold, Myositis (lower back pain) <b>Dry</b> & Cold. Pmhx: OA <b>Dry</b> & Cold, Anxiety <b>Dry</b> & Cold	Mel/Bil	<b>Yes</b>	C
477	B.D. (M), 73	S/P	<b>Moist</b>	OA (knee pain) <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>No</b>	C
478	R.A. (F), 73	P/M	<b>Cold</b>	OA (back stiffness) <b>Cold</b> & Dry. Pmhx: Appendectomy <b>Cold</b> & Dry, Cataract removal <b>Cold</b> & Dry, Carpel tunnel <b>Cold</b> & Dry, HPT <b>Cold</b> & Dry	Phleg/Mel	<b>Yes</b>	C
479	M.S.W. (M), 73	S/P	<b>Moist</b>	OA (kee and back pain) <u>Cold &amp; Dry</u> , Glucosuria <b>Moist</b> & Hot/Cold	Sang/Phleg/Mel	<b>Yes/No</b>	C
480	M.A. (F), 73	B/M	<b>Dry</b>	LRTI (SOB, smoker, tight chest, persistent dry cough) <b>Dry</b> & Hot. Pmhx: GORD <b>Dry</b> & Cold	Bil/Mel	<b>Yes</b>	C
481	F.C. (F), 73	P/M	<b>Cold</b>	LRTI (productive cough, phlegmy chest, nasal congestion) <b>Cold</b> & Moist, Myoistis (MSK) (lower back pain) <b>Cold</b> & Dry, Diabetes 9.5 <b>Cold</b> & Moist. Pmhx: HPT <b>Cold</b> & Dry, Asthma (Phleg) <b>Cold</b> & Moist	Phleg/Mel	<b>Yes</b>	C
482	D.S. (M), 74	B/S	<b>Hot</b>	OA (lower back) <u>Cold &amp; Dry</u> , Sciatica <u>Cold &amp; Dry</u> . Pmhx: Constipation <u>Cold &amp; Dry</u> , HPT <b>Hot</b> & Moist, Asthma (Bil) <b>Hot</b> & Dry, GORD <u>Cold &amp; Dry</u>	Bil/Sang/Mel	<b>Yes/No</b>	C

483	E.C. (M), 75	S/B	<b>Hot</b>	OA (lowerback and leg pain) <u>Cold &amp; Dry</u> . Phmx: HPT <b>Hot &amp; Moist</b>	Sang/Bil/Mel	<b>Yes/No</b>	C
484	J.D.L. (F), 75	M/B	<b>Dry</b>	Dermatitis (stasis) Pruritic, hyperpigmented (lesion on lower limbs) <b>Dry &amp; Cold</b> . Phmx: HPT <b>Dry &amp; Cold</b>	Mel/Bil	<b>Yes</b>	C
485	E.G. (F), 75	S/P	<b>Moist</b>	Obesity <b>Moist &amp; Cold</b> , Plantar Fasciitis (heel & foot pain) <u>Cold &amp; Dry</u> , Hyperpigmented lesions <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	C
486	J.G. (F), 76	S/B	<b>Hot</b>	Kidney infection (protein, leucocytes, bilirubin) <b>Hot &amp; Dry</b> , Vomiting <b>Hot &amp; Dry</b> . Phmx: Angina <u>Cold &amp; Dry</u> , HPT <b>Hot &amp; Moist</b> , CHOL <u>Cold &amp; Dry</u>	Sang/Bil/Mel	<b>Yes/No</b>	A/C
487	M.A. (F), 76	S/P	<b>Moist</b>	LRTI (productive cough, runny nose, sore throat) <b>Moist &amp; Cold</b> , OA (joint pain) <u>Cold &amp; Dry</u> . Phmx: CHOL <u>Cold &amp; Dry</u> , HPT <b>Moist &amp; Hot</b>	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
488	N.E.S. (F), 76	S/P	<b>Moist</b>	OA (stiff joints and pains) <u>Cold &amp; Dry</u> . Phmx: Diabetes <b>Moist &amp; Hot</b> , HPT <b>Moist &amp; Hot</b>	Sang/Phleg/Mel	<b>Yes/No</b>	C
489	J.J. (M), 76	S/P	<b>Moist</b>	OA (knees and shoulders) <u>Cold &amp; Dry</u> . Phmx: HPT <b>Moist &amp; Hot</b> , Skin CA <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	C
490	M.C.I. (M), 76	S/B	<b>Hot</b>	LRTI (yellow productive cough with tight chest) <b>Hot &amp; Dry</b> . Phmx: HPT <b>Hot &amp; Moist</b> , Asthma (Bil) <b>Hot &amp; Dry</b> , COPD <u>Cold &amp; Dry</u> , Gout <u>Cold &amp; Dry</u>	Sang/Bil/Mel	<b>Yes/No</b>	C
491	S.D. (F), 77	M/P	<b>Cold</b>	LRTI (productive cough) <b>Cold &amp; Moist</b> , Constipated <b>Cold &amp; Dry</b> , Diabetes 12.1 <b>Cold &amp; Moist</b> . Phmx: CHOL <b>Cold &amp; Dry</b>	Mel/Phleg	<b>Yes</b>	A/C
492	M.J. (F), 77	M/B	<b>Dry</b>	CHOL <b>Dry &amp; Cold</b> . Phmx: Angina <b>Dry &amp; Cold</b> , Glaucoma <b>Dry &amp; Cold</b> , HPT <b>Dry &amp; Cold</b>	Mel/Bil	<b>Yes</b>	C
493	J.J.J. (M), 77	S/B	<b>Hot</b>	Anxiety (anxious) <b>Hot &amp; Dry</b> , Insomnia <u>Cold &amp; Dry</u> . Phmx: Diabetes <b>Hot &amp; Moist</b> , HPT <b>Hot &amp; Moist</b> , BPH <b>Hot &amp; Moist</b>	Sang/Bil/Mel	<b>Yes/No</b>	C
494	R.E. (F), 78	P/M	<b>Cold</b>	Anxiety (edgy and restless) <b>Cold &amp; Dry</b> . Phmx: Diabetes <b>Cold &amp; Moist</b> , Diverticulitis <b>Cold &amp; Dry</b> , HPT <b>Cold &amp; Dry</b>	Phleg/Mel	<b>Yes</b>	C
495	J.N. (F), 78	S/P	<b>Moist</b>	LRTI (sore throat, tight wheezing chest) <b>Cold &amp; Dry</b> , Insomnia <u>Cold &amp; Dry</u> . Phmx: Fluid accumulation <b>Moist &amp; Cold</b> , CCF <u>Cold &amp; Dry</u> , Diabetic <b>Moist &amp; Cold</b> , HPT <b>Moist &amp; Hot</b> , Breast CA <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	C
496	A.G.A. (M), 79	S/P	<b>Moist</b>	LRTI (productive cough - white phlegm) <b>Moist &amp; Cold</b> , Dermatitis (dry, cracked skin on hands) <u>Cold &amp; Dry</u> . Phmx: OA (painful and stiff joints) <u>Cold &amp; Dry</u> , Asthma (Phleg) <b>Moist &amp; Cold</b>	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
497	L.J. (M), 79	M/P	<b>Cold</b>	LRTI (productive cough) <b>Cold &amp; Moist</b> , HPT 180/110 <b>Cold &amp; Dry</b>	Mel/Phleg	<b>Yes</b>	A/C
498	M.R.H. (M), 79	M/B	<b>Dry</b>	Xeroderma (dry, itchy skin) <b>Dry &amp; Cold</b> , Stiffness & cramps in limbs <b>Dry &amp; Cold</b> , OA <b>Dry &amp; Cold</b>	Mel/Bil	<b>Yes</b>	C



499	<b>R.W.</b> (F), 80	P/S	<b><u>Moist</u></b>	OA (joint pain) <u>Cold &amp; Dry</u> , Gastritis (burning stomach pain) <u>Hot &amp; Dry</u> . Phmx: HPT <b>Moist</b> & Hot, CHOL <u>Cold &amp; Dry</u>	Phleg/Sang/Mel	<b>Yes/No</b>	A/C
500	<b>E.B.</b> (F), 84	S/B	<b><u>Hot</u></b>	OA (shoulder joint) <u>Cold &amp; Dry</u> , Asthma (Bil) (wheezing chest, dry cough) <b>Hot</b> & Dry. Phmx: HPT <b>Hot</b> & Moist	Sang/Bil/Mel	<b>Yes/No</b>	C

Headaches: Relationship between headaches and dominant quality of temperament

Case Study No.	Patient Initials Sex, Age	TEMP: DOM/ SUB	Overall Dominant quality of Temperamental Combination	Diagnosis/Signs & Symptoms/Previous Medical History	Humours linked to Signs & Symptoms/Illness Conditions	S&S/Illness/s linked to overall dom quality of Temp Comb	ACUTE (A)/CHRONIC (C)
1	C.L.G. (F), 19	M/P	<u>Cold</u>	Headaches (occipital) Cold & Dry, Mastalgia (breast pain) Cold & Dry, Productive cough Cold & Moist. Pmhx: Tonsillectomy Cold & Moist	Mel/Phleg	Yes	A
2	H.R. (M), 21	M/P	<u>Cold</u>	Headaches (frontal) Cold & Moist, Myositis (MSK) (lower back pain) Cold & Dry	Mel/Phleg	Yes	A
3	C.L.M (F), 21	P/M	<u>Cold</u>	Myositis (MSK) (lower back pain) Cold & Dry, Headaches (frontal) Cold & Moist	Phleg/Mel	Yes	A
4	H.W. (F), 22	M/P	<u>Cold</u>	Headaches (occipital, low water intake) Cold & Dry. Pmhx: PCOS Cold & Moist	Mel/Phleg	Yes	A
5	K.M. (F), 22	P/M	<u>Cold</u>	Influenza (productive cough, runny nose, sob, tight chest, sore throat) Cold & Moist, Headache (frontal) Cold & Moist. Pmhx: Tonsillectomy Cold & Moist	Phleg/Mel	Yes	A
6	N.P.N. (F), 26	M/P	<u>Cold</u>	URTI (runny nose, productive cough) Cold & Moist, Headache (frontal) Cold & Moist, Thick white tongue coat Cold & Moist	Mel/Phleg	Yes	A
7	L.V. (F), 26	P/M	<u>Cold</u>	URTI (productive cough, headaches (frontal), sore throat) Cold & Moist	Phleg/Mel	Yes	A
8	K.A. (M), 26	M/P	<u>Cold</u>	URTI (sore throat) Cold & Moist, Headaches (occipital) Cold & Dry, Myositis (MSK) (back muscle tension) Cold & Dry	Mel/Phleg	Yes	A
9	F.A. (F), 27	M/P	<u>Cold</u>	Headaches (frontal, radiating into the eyes) Cold & Moist/Dry, Hypotension (dizziness) Cold & Moist/Dry	Mel/Phleg	Yes	A
10	J.B. (M), 27	P/M	<u>Cold</u>	URTI (nasal congestion) Sinusitis Cold & Moist, Headaches (frontal) Cold & Moist, Myositis (MSK) (painful back) Cold & Dry	Phleg/Mel	Yes	A
11	D.W. (F), 28	P/M	<u>Cold</u>	Headaches (occipital) Cold & Dry, Aneamia Cold & Moist/Dry, Overweight Cold & Moist. Phmx: HPT Cold & Dry	Phleg/Mel	Yes	A/C
12	L.T. (F), 35	P/M	<u>Cold</u>	URTI (sinuses tender, sore throat, cervical lymph), Headaches (frontal) Cold & Moist, Myositis (MSK) (bodyaches, lower back ache) Cold & Dry	Phleg/Mel	Yes	A
13	M.K. (M), 43	P/M	<u>Cold</u>	Influenza (productive cough, runny nose) Cold & Moist, Headaches (frontal) Cold & Moist. Pmhx: Tonsillitis Cold & Moist	Phleg/Mel	Yes	A

14	S.C. (M), 21	B/M	<u>Dry</u>	URTI (sore throat, nose bleeds, tonsils inflamed) <b>Dry &amp; Hot</b> , <b>Headache (unilateral) Dry &amp; Hot</b>	Bil/Mel	<b>Yes</b>	A
15	M.E. (F), 47	M/B	<u>Dry</u>	<b>Headaches (occipital) Dry &amp; Cold</b> , Tension in shoulders <b>Dry &amp; Cold</b> , Stress <b>Dry &amp; Hot</b> . Pmhx: OA (back) <b>Dry &amp; Cold</b>	Mel/Bil	<b>Yes</b>	C
16	B.K. (F), 28	S/B	<u>Hot</u>	URTI (dry cough, earache) <b>Hot &amp; Dry</b> , <b>Headache (temporal) Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A
17	F.I. (M), 53	S/B	<u>Hot</u>	<b>Headaches (parietal) Hot &amp; Moist</b> , Stress <b>Hot &amp; Dry</b> . Pmhx: HPT <b>Hot &amp; Moist</b>	Sang/Bil	<b>Yes</b>	C
18	P.A. (F), 64	S/B	<u>Hot</u>	<b>Headaches (parietal) Hot &amp; Moist</b> , Stress <b>Hot &amp; Dry</b> . Pmhx: Hyperacidity <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	C
19	M.W. (F), 68	S/B	<u>Hot</u>	Sinusitis (congestion), <b>Headaches (frontal) Cold &amp; Moist</b> , Sciatica (lowerback pain radiating to leg) <b>Cold &amp; Dry</b> . Pmhx: HPT <b>Hot &amp; Moist</b> , CHOL <b>Cold &amp; Dry</b>	Sang/Bil	<b>Yes/No</b>	A/C
20	T.H. (F), 28	S/P	<u>Moist</u>	Sinusitis <b>Moist &amp; Cold</b> , <b>Headaches (frontal) Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A
21	A.W. (F). 28	S/P	<u>Moist</u>	URTI (tonsils swollen) <b>Moist &amp; Cold</b> , <b>Headaches (parietal) Moist &amp; Hot</b>	Sang/Phleg	<b>Yes</b>	A
22	C.J. (F), 29	S/P	<u>Moist</u>	URTI (productive cough, fever) <b>Moist &amp; Cold</b> , <b>Headache (frontal) Moist &amp; Cold</b> . Pmhx: Sinusitis <b>Moist &amp; Cold</b>	Sang/Phleg	<b>Yes</b>	A
23	T.T. (F), 11	P/S	<u>Moist</u>	URTI (tonsillar lymph, nasal congestion, productive cough), <b>Headache (frontal) Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	A
24	I.C. (F), 20	P/S	<u>Moist</u>	Influenza (productive cough, nasal congestion, bodyaches) <b>Moist &amp; Cold</b> , <b>Headaches (frontal) Moist &amp; Cold</b> . Pmhx: PCOS - <b>Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	A
25	K.N. (F), 24	P/S	<u>Moist</u>	<b>Headache (temporal) Moist &amp; Hot</b> , Nausea <b>Moist &amp; Cold</b> , Myositis (lower back pain) <b>Cold &amp; Dry</b> . Pmhx: Epilepsy <b>Moist &amp; Cold</b>	Phleg/Sang/Mel	<b>Yes/No</b>	A
26	K.M.(F), 25	P/S	<u>Moist</u>	Influenza (bodyaches, productive cough) <b>Moist &amp; Cold</b> , <b>Headache (frontal) Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	A
27	M.P. (F), 28	P/S	<u>Moist</u>	URTI (productive cough) <b>Moist &amp; Cold</b> , <b>Headaches (frontal) Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	A
28	R.A. (M), 29	P/S	<u>Moist</u>	<b>Headaches (frontal) and in the eyes Moist &amp; Hot</b>	Phleg/Sang	<b>Yes</b>	A
29	A.M. (F), 31	P/S	<u>Moist</u>	Influenza (bodyaches, productive cough, inflamed throat), <b>Headaches (frontal) Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	A
30	T.B. (F), 32	P/S	<u>Moist</u>	URTI (sore throat, productive cough, fever, nasal congestion, tonsillar enlargement) <b>Moist &amp; Cold</b> , <b>Headaches (frontal) Moist &amp; Cold</b>	Phleg/Sang	<b>Yes</b>	A

31	A.C. (F), 37	S/P	<u>Moist</u>	HPT 130/90 <b>Moist</b> & Hot, Influenza (productive cough, bodyaches, tonsillar enlargement) <b>Moist</b> & Cold, <b>Headaches (frontal)</b> <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	C
32	T.G. (M), 41	S/P	<u>Moist</u>	Influenza (sore throat), <b>Headaches (frontal)</b> <b>Moist</b> & Cold, Right foot pain (injury) <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	A
33	T.J. (M), 41	S/P	<u>Moist</u>	Diarrhoea (loose watery stools) <b>Moist</b> & Cold, <b>Headaches (frontal)</b> <b>Moist</b> & Cold. Pmhx: HPT <b>Moist</b> & Hot	Sang/Phleg	<b>Yes</b>	A/C
34	J.N.B. (F), 42	S/P	<u>Moist</u>	<b>Headaches (frontal)</b> <b>Moist</b> & Cold, Stress <u>Hot &amp; Dry</u> . Pmhx: HPT <b>Moist</b> & Hot	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
35	S.I. (F), 48	P/S	<u>Moist</u>	URTI (productive cough) <b>Moist</b> & Cold, <b>Headaches (frontal)</b> <b>Moist</b> & Cold, UTI (leucocytes) <b>Moist</b> & Hot, Pmhx: HTN <b>Moist</b> & Hot	Phleg/Sang/Mel	<b>Yes</b>	A/C
36	B.M. (F), 50	P/S	<u>Moist</u>	HPT 145/90 <b>Moist</b> & Hot, <b>Headaches (frontal)</b> <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A/C
37	S.S.M. (M), 57	S/P	<u>Moist</u>	LRTI (productive cough, <b>headaches (frontal)</b> , wheezing chest) <b>Moist</b> & Cold. Pmhx: HPT <b>Moist</b> & Hot	Sang/Phleg	<b>Yes</b>	A/C
38	S.T. (M), 58	S/P	<u>Moist</u>	URTI (runny nose, productive cough) <b>Moist</b> & Cold, <b>Headaches (frontal)</b> <b>Moist</b> & Cold. Pmhx: CHOL <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
39	Z.A. (F), 65	S/P	<u>Moist</u>	<b>Headaches (parietal)</b> <b>Moist</b> & Hot. Pmhx: CHOL <u>Cold &amp; Dry</u> , OA <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	C

Overall Dom Qual of Comb	Discription of headaches	No. of patients/%
<u>Cold</u>	Headaches (Frontal)	9/13 = 69%
	Headaches (Occipital)	4/13 = 31%
		<b>13</b>
<u>Dry</u>	Headaches (Unilateral)	1/2 = 50%
	Headaches (Occipital)	1/2 = 50%
		<b>2</b>
<u>Hot</u>	Headaches (Temporal)	3/4 = 75%
	Headaches (Frontal)	1/4 = 25%
		<b>4</b>
<u>Moist</u>	Headaches (Frontal)	17/20 = 85%
	Headaches (Temporal)	3/20 = 15%
		<b>20</b>

Relationship between coughs and the dominant quality of temperament in patients with URTI and LRTI

Case Study No.	Patient Initials Sex, Age	TEMP: DOM/ SUB	Overall Dominant quality of Temperamental Combination	Diagnosis/Signs & Symptoms/Previous Medical History	Humours linked to Signs & Symptoms/Illness Conditions	S&S/Illness/s linked to overall dom quality of Temp Comb	ACUTE (A)/CHRONIC (C)
1	A. D. (F), 22	P/M	<u>Cold</u>	LRTI ( <b>productive cough, sore throat, tonsils enlarged</b> , wheezing chest) <b>Cold &amp; Moist</b>	Phleg/Mel	Yes	A
2	C.D. (F), 25	P/M	<u>Cold</u>	LRTI ( <b>wheezy, tight chest, dry cough</b> ) <b>Cold &amp; Dry</b> . Pmhx: Asthma (Phleg) <b>Cold &amp; Moist</b>	Phleg/Mel	Yes	A/C
3	J.B.R. (M), 29	M/P	<u>Cold</u>	LRTI ( <b>productive cough with chest tightness, nasal congestion</b> ) <b>Cold &amp; Moist</b> . Pmhx: Epilepsy <b>Cold &amp; Moist</b>	Mel/Phleg	Yes	A/C
4	R.A. (F), 41	M/P	<u>Cold</u>	LRTI ( <b>productive cough, runny nose, sore throat</b> ) <b>Cold &amp; Moist</b>	Mel/Phleg	Yes	A
5	F.D. (F), 43	P/M	<u>Cold</u>	LRTI ( <b>productive cough, nasal congestion</b> ) <b>Cold &amp; Moist</b>	Phleg/Mel	Yes	A
6	M.S. (F), 49	M/P	<u>Cold</u>	LRTI ( <b>productive cough, sore throat</b> ) <b>Cold &amp; Moist</b>	Mel/Phleg	Yes	A
7	F.C. (F), 73	P/M	<u>Cold</u>	LRTI ( <b>productive cough, phlegmy chest, nasal congestion</b> ) <b>Cold &amp; Moist</b> , Myoistis (MSK) (lower back pain) <b>Cold &amp; Dry</b> , Diabetes 9.5 <b>Cold &amp; Moist</b> . Pmhx: HPT <b>Cold &amp; Dry</b> , Asthma (Phleg) <b>Cold &amp; Moist</b>	Phleg/Mel	Yes	C
8	S.D. (F), 77	M/P	<u>Cold</u>	LRTI ( <b>productive cough</b> ) <b>Cold &amp; Moist</b> , Constipated <b>Cold &amp; Dry</b> , Diabetes 12.1 <b>Cold &amp; Moist</b> . Pmhx: CHOL <b>Cold &amp; Dry</b>	Mel/Phleg	Yes	A/C
9	L.J. (M), 79	M/P	<u>Cold</u>	LRTI ( <b>productive cough</b> ) <b>Cold &amp; Moist</b> , HPT 180/110 <b>Cold &amp; Dry</b>	Mel/Phleg	Yes	A/C
10	Z.A. (M), 14	P/M	<u>Cold</u>	URTI ( <b>productive cough, sore throat, vomiting phlegm</b> ) <b>Cold &amp; Moist</b> . Pmhx: Appendectomy <b>Cold &amp; Dry</b>	Phleg/Mel	Yes	A
11	N.W. (F), 20	P/M	<u>Cold</u>	URTI ( <b>productive cough, sore throat</b> ) <b>Cold &amp; Moist</b>	Phleg/Mel	Yes	A
12	F.H. (M), 20	P/M	<u>Cold</u>	URTI ( <b>productive cough, sore throat</b> ) <b>Cold &amp; Moist</b> , Painful ankle (MSK joint pain) <b>Cold &amp; Dry</b>	Phleg/Mel	Yes	A

13	Y.M. (F), 22	M/P	<u>Cold</u>	URTI ( <b>productive cough</b> ) <b>Cold</b> & Moist	Mel/Phleg	Yes	A
14	A.S. (F), 22	P/M	<u>Cold</u>	URTI ( <b>productive cough</b> , <b>sore throat</b> , runny nose) <b>Cold</b> & Moist. Pmhx: Tonsillectomy <b>Cold</b> & Moist	Phleg/Mel	Yes	A
15	A.S. (F), 24	P/M	<u>Cold</u>	URTI ( <b>productive cough</b> , <b>sore throat</b> , runny nose) <b>Cold</b> & Moist	Phleg/Mel	Yes	A
16	L.T. (M), 26	M/P	<u>Cold</u>	URTI (fever, <b>productive cough</b> , <b>sore throat</b> , runny nose) <b>Cold</b> & Moist	Mel/Phleg	Yes	A
17	N.P.N. (F), 26	M/P	<u>Cold</u>	URTI (runny nose, <b>productive cough</b> ) <b>Cold</b> & Moist, <b>Headache (frontal)</b> <b>Cold</b> & Moist, Thick white tongue coat <b>Cold</b> & Moist	Mel/Phleg	Yes	A
18	L.V. (F), 26	P/M	<u>Cold</u>	URTI ( <b>productive cough</b> , <b>headaches (frontal)</b> , <b>sore throat</b> ) <b>Cold</b> & Moist	Phleg/Mel	Yes	A
19	R.J. (M), 28	M/P	<u>Cold</u>	URTI ( <b>productive cough</b> , <b>sore throat</b> , <b>tonsils enlarged</b> ) <b>Cold</b> & Moist. Pmhx: Appendectomy <b>Cold</b> & Dry	Mel/Phleg	Yes	A
20	N.A. (F), 34	P/M	<u>Cold</u>	URTI ( <b>productive cough</b> , runny nose, <b>sore throat</b> ) <b>Cold</b> & Moist	Phleg/Mel	Yes	A
21	S.N. (F), 37	P/M	<u>Cold</u>	URTI ( <b>sore throat</b> , bodyaches, <b>productive cough</b> ) <b>Cold</b> & Moist	Phleg/Mel	Yes	A
22	T.B. (F), 38	P/M	<u>Cold</u>	URTI ( <b>throat pain</b> , <b>productive cough</b> , <b>nasal congestion</b> ) <b>Cold</b> & Moist, Hypotension <b>Cold</b> & Moist/Dry	Phleg/Mel	Yes	A
23	F.B. (F), 40	M/P	<u>Cold</u>	URTI ( <b>dry cough</b> , smoker) <b>Cold</b> & Dry, Carpel tunnel (painful wrist) <b>Cold</b> & Dry	Mel/Phleg	Yes	A/C
24	L.L. (F), 48	P/M	<u>Cold</u>	URTI ( <b>sore throat</b> , <b>productive cough</b> , <b>tonsil enlargement</b> ) <b>Cold</b> & Moist, Myalgia (MSK) <b>Cold</b> & Dry	Phleg/Mel	Yes	A/C
25	J.C.L. (M), 53	M/P	<u>Cold</u>	LRTI ( <b>productive cough</b> , <b>sore throat</b> ) <b>Cold</b> & Moist, Glucosuria <b>Cold</b> & Moist. Pmhx: Hypotension <b>Cold</b> & Moist/Dry	Mel/Phleg	Yes	A
26	A.A. (M), 56	M/P	<u>Cold</u>	LRTI ( <b>wheezing chest</b> , <b>productive cough</b> ) <b>Cold</b> & Moist, Myositis (MSK) (lowerback) <b>Cold</b> & Dry	Mel/Phleg	Yes	A/C
27	J.C. (F), 30	M/P	<u>Cold</u>	URTI ( <b>nasal congestion</b> , <b>productive cough</b> ) <b>Cold</b> & Moist	Mel/Phleg	Yes	A
28	Y.M. (M), 30	M/P	<u>Cold</u>	URTI ( <b>sore throat</b> , <b>productive cough</b> ) <b>Cold</b> & Moist	Mel/Phleg	Yes	A
29	Z.T. (M), 32	M/P	<u>Cold</u>	URTI ( <b>productive cough</b> , <b>scratchy throat</b> ) <b>Cold</b> & Moist	Mel/Phleg	Yes	A

30	M.K. (F), 37	M/P	<b>Cold</b>	URTI ( <b>productive cough, tonsillar enlargement</b> ) <b>Cold</b> & Moist, Lower back pain <b>Cold</b> & Dry	Mel/Phleg	<b>Yes</b>	A
31	J. J. (F), 56	P/M	<b>Cold</b>	URTI ( <b>productive cough</b> , very phlegmy, <b>sore throat</b> ) <b>Cold</b> & Moist	Phleg/Mel	<b>Yes</b>	A
32	O.H. (M), 29	M/B	<b>Dry</b>	UTI (leucocytes, ubg) <b>Dry</b> & Hot, LRTI ( <b>dry cough</b> for 2 weeks) <b>Dry</b> & Hot, Gastritis (nausea, vomiting) <b>Dry</b> & Hot	Mel/Bil	<b>Yes</b>	A
33	J.D. (F), 69	M/B	<b>Dry</b>	LRTI (body pains, <b>productive cough</b> , runny nose, <b>tight chest</b> ) <b>Cold</b> & <b>Moist</b> . Pmhx: OA (joints) <b>Dry</b> & Cold	Mel/Bil/Phleg	<b>Yes/No</b>	A/C
34	M.A. (F), 73	B/M	<b>Dry</b>	LRTI (SOB, smoker, <b>tight chest, persistent dry cough</b> ) <b>Dry</b> & Hot. Pmhx: GORD <b>Dry</b> & Cold	Bil/Mel	<b>Yes</b>	C
35	R.S. (F), 47	M/B	<b>Dry</b>	URTI ( <b>dry cough</b> , body pains) <b>Dry</b> & Hot. Pmhx: Hypotension <b>Dry</b> & Cold/Moist	Mel/Bil/Phleg	<b>Yes/No</b>	A
36	D.K. (F), 47	M/B	<b>Dry</b>	URTI ( <b>productive cough</b> ) <b>Cold</b> & <b>Moist</b> , Carpal tunnel (right wrist pain) <b>Dry</b> & Cold	Mel/Bil/Phleg	<b>Yes/No</b>	A/C
37	R.L. (F), 56	B/M	<b>Dry</b>	URTI ( <b>dry cough, sore throat</b> ) <b>Dry</b> & Hot, Gastroenteritis (nausea, loose watery stools) <b>Dry</b> & Hot. Pmhx: Heartburn <b>Dry</b> & Hot	Bil/Mel	<b>Yes</b>	A
38	T.G. (F), 34	B/M	<b>Dry</b>	LRTI ( <b>sore throat, productive cough</b> : brown phlegm, fever, <b>tonsillar enlargement</b> ) <b>Dry</b> & Hot, Haematuria <b>Dry</b> & Hot	Bil/Mel	<b>Yes</b>	A
39	R.B. (M), 31	M/B	<b>Dry</b>	URTI ( <b>dry cough</b> and tight chest, nasal erythema, <b>sore throat</b> ) <b>Dry</b> & Hot	Mel/Bil	<b>Yes</b>	A
40	J.A. (F), 34	M/B	<b>Dry</b>	URTI (fever + <b>dry cough</b> ) <b>Dry</b> & Hot	Mel/Bil	<b>Yes</b>	A
41	M.D. (F), 37	B/M	<b>Dry</b>	URTI (body pains, blocked nose, <b>yellow productive cough, tonsillar inflammation</b> ) <b>Dry</b> & Hot, Myositis <b>Dry</b> & Cold	Bil/Mel	<b>Yes</b>	A
42	T.M. (F), 20	S/B	<b>Hot</b>	LRTI ( <b>productive cough</b> - green phlegm, burning nostrils, <b>tight chest</b> ) <b>Hot</b> & Dry, Stress <b>Hot</b> & Dry	Sang/Bil	<b>Yes</b>	A
43	V.M. (M), 29	S/B	<b>Hot</b>	LRTI (fever, <b>inflamed throat, productive cough</b> - green 2 weeks) <b>Hot</b> & Dry	Sang/Bil	<b>Yes</b>	A
44	M.S. (F), 37	S/B	<b>Hot</b>	LRTI ( <b>productive + wheezing chest</b> ) <b>Cold</b> & <b>Moist</b> , HPT 140/80 <b>Hot</b> & Moist	Sang/Bil/Phleg	<b>Yes/No</b>	A/C
45	A.H. (M), 43	S/B	<b>Hot</b>	LRTI (fever, <b>dry cough</b> ) <b>Hot</b> & Dry	Sang/Bil	<b>Yes</b>	A
46	L.F. (F), 44	S/B	<b>Hot</b>	LRTI ( <b>sore throat, tonsils inflamed, dry cough</b> , smoker) <b>Hot</b> & Dry, Fever blisters <b>Hot</b> & Dry, Acne <b>Hot</b> & Dry	Sang/Bil	<b>Yes</b>	A/ C

47	S.C. (F), 49	S/B	<b>Hot</b>	LRTI ( <b>dry cough, throat inflamed</b> , bodyaches, fever) <b>Hot &amp; Dry</b> . Pmhx: Asthma (Bil) <b>Hot &amp; Dry</b> , Hayfever <b>Hot &amp; Dry</b>	Sang/Bil/Mel	<b>Yes</b>	A/C
48	C.L. (F), 52	S/B	<b>Hot</b>	LRTI (bronchitis, <b>productive cough, painful chest</b> , epistaxis, <b>throat infammation</b> ) <b>Hot &amp; Dry</b> . Pmhx: Asthma (Bil) <b>Hot &amp; Dry</b> , TB <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A/C
49	E.W. (M), 56	S/B	<b>Hot</b>	LRTI ( <b>productive cough</b> , thick yellow phlegm) <b>Hot &amp; Dry</b> . Pmhx: HPT <b>Hot &amp; Moist</b>	Sang/Bil	<b>Yes</b>	A/C
50	P.M. (F), 62	S/B	<b>Hot</b>	LRTI ( <b>dry cough</b> , fever, bodyaches, wheeze) <b>Hot &amp; Dry</b> . Pmhx: HPT <b>Hot &amp; Moist</b> , Gallstones removal <b>Cold &amp; Dry</b> , Angina <b>Cold &amp; Dry</b> , Hypothyroidism <b>Cold &amp; Moist/Dry</b>	Sang/Bil/Mel/Phleg	<b>Yes/No</b>	A/C
51	M.C.I. (M), 76	S/B	<b>Hot</b>	LRTI ( <b>yellow productive cough with tight chest</b> ) <b>Hot &amp; Dry</b> . Phmx: HPT <b>Hot &amp; Moist</b> , Asthma (Bil) <b>Hot &amp; Dry</b> , COPD <b>Cold &amp; Dry</b> , Gout <b>Cold &amp; Dry</b>	Sang/Bil/Mel	<b>Yes/No</b>	C
52	A.C. (F), 19	S/B	<b>Hot</b>	URTI ( <b>follicular tonsillitis, inflamed exudative lesions on tonsils, dry cough</b> ) <b>Hot &amp; Dry</b> . Pmhx: Asthma (Bil) <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A
53	T.L.D. (F), 25	S/B	<b>Hot</b>	URTI ( <b>dry cough, sore throat</b> , increased heart rate) <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A
54	W.S.(M), 25	B/S	<b>Hot</b>	URTI ( <b>throat inflamed, dry cough</b> ) <b>Hot &amp; Dry</b> . Pmhx: Allergies <b>Hot &amp; Dry</b>	Bil/Sang	<b>Yes</b>	A
55	J.B.F. (M), 26	B/S	<b>Hot</b>	URTI ( <b>dry cough, nasal congestion, erythema of the throat</b> ) <b>Hot &amp; Dry</b>	Bil/Sang	<b>Yes</b>	A
56	B.K. (F), 28	S/B	<b>Hot</b>	URTI ( <b>dry cough</b> , earache) <b>Hot &amp; Dry</b> , <b>Headache (temporal)</b> <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A
57	B.S. (F), 34	B/S	<b>Hot</b>	URTI ( <b>sore throat, dry cough, inflamed throat</b> - does chemical manufacturin)g) <b>Hot &amp; Dry</b>	Bil/Sang	<b>Yes</b>	A
58	W.M. (M), 38	S/B	<b>Hot</b>	URTI ( <b>dry cough</b> , dysphagia, hoarseness, fever, <b>inflamed throat</b> , wheeze) <b>Hot &amp; Dry</b>	Sang/Bil	<b>Yes</b>	A
59	T.K. (M), 38	B/S	<b>Hot</b>	URTI ( <b>dry cough, scathcy throat</b> ) <b>Hot &amp; Dry</b> , Glucosuria <b>Hot &amp; Moist</b> , Myositis (MSK) <b>Cold &amp; Dry</b>	Bil/Sang/Mel	<b>Yes/No</b>	A
60	M.K. (M), 40	B/S	<b>Hot</b>	URTI (chest tightness, <b>dry cough</b> , painful cough) <b>Hot &amp; Dry</b>	Bil/Sang	<b>Yes</b>	A
61	R.F. (F), 52	B/S	<b>Hot</b>	URTI ( <b>productive cough, nasal congestion</b> ) <b>Cold &amp; Moist</b> . Pmhx: HPT <b>Hot &amp; Moist</b>	Bil/Sang/Phleg	<b>Yes/No</b>	A/C



62	F.M. (M), 52	S/B	<b>Hot</b>	URTI ( <b>sore throat, dry cough</b> , smoker) <b>Hot</b> & Dry. Pmhx: HPT <b>Hot</b> & Moist, Chol <b>Cold &amp; Dry</b>	Sang/Bil/Mel	<b>Yes/No</b>	A/C
63	S.D. (F), 72	S/B	<b>Hot</b>	UTI (leucocytes, protein) <b>Hot</b> & Dry, URTI ( <b>productive cough</b> ) <b>Cold &amp; Moist</b> . Pmhx: CHOL <b>Cold &amp; Dry</b>	Bil/ Mel/Phleg	<b>Yes/No</b>	A/C
64	M.B. (F), 20	P/S	<b>Moist</b>	LRTI ( <b>productive cough</b> ) <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
65	M.A. (F), 76	S/P	<b>Moist</b>	LRTI ( <b>productive cough</b> , runny nose, <b>sore throat</b> ) <b>Moist</b> & Cold, OA (joint pain) <b>Cold &amp; Dry</b> . Phmx: CHOL <b>Cold &amp; Dry</b> , HPT <b>Moist</b> & Hot	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
66	A.G.A. (M), 79	S/P	<b>Moist</b>	LRTI ( <b>productive cough</b> - white phlegm) <b>Moist</b> & Cold, Dermatitis (dry, cracked skin on hands) <b>Cold &amp; Dry</b> . Phmx: OA (painful and stiff joints) <b>Cold &amp; Dry</b> , Asthma (Phleg) <b>Moist</b> & Cold	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
67	S.T. (F), 20	S/P	<b>Moist</b>	URTI ( <b>productive cough, tonsillar enlargement</b> ) <b>Moist</b> & Cold. Pmhx: Sinusitis <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
68	S.A. (M), 28	S/P	<b>Moist</b>	URTI ( <b>productive cough</b> , runny nose, <b>inflamed throat</b> ) <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
69	C.J. (F), 29	S/P	<b>Moist</b>	URTI ( <b>productive cough</b> , fever) <b>Moist</b> & Cold, <b>Headache (frontal)</b> <b>Moist</b> & Cold. Pmhx: Sinusitis <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
70	T.S. (F), 18	S/P	<b>Moist</b>	LRTI ( <b>productive cough</b> , dizziness, <b>sore throat, tonsillar enlargement</b> ) <b>Moist</b> & Cold, UTI (leucocytes) <b>Moist</b> & Hot. Pmhx: Aneamia, Asthma (Phleg) <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
71	S.S. (F), 18	S/P	<b>Moist</b>	<b>LRTI</b> ( <b>productive cough, tight chest</b> ) <b>Moist</b> & Cold, <b>URTI</b> (sinusitis) <b>Moist</b> & Cold. Pmhx: Asthma (Phleg) <b>Moist</b> & Cold, Eczema <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
72	N.C. (F), 31	P/S	<b>Moist</b>	LRTI ( <b>productive cough, tight chest, tonsillar enlargement</b> ) <b>Moist</b> & Cold. Pmhx: Asthma (Phleg) <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A/C
73	M.B. (F), 34	P/S	<b>Moist</b>	LRTI ( <b>productive cough, nasal congestion</b> , fever, <b>sore throat</b> ) <b>Moist</b> & Cold, HPT 130/80 <b>Moist</b> & Hot	Phleg/Sang	<b>Yes</b>	A/C
74	A.C. (M), 35	P/S	<b>Moist</b>	LRTI ( <b>tight chest</b> , fatigue, <b>productive cough</b> ) <b>Moist</b> & Cold. Pmhx: Asthma (Phleg) <b>Moist</b> & Cold, HPT <b>Moist</b> & Hot	Phleg/Sang	<b>Yes</b>	A/C
75	E.S. (F), 40	S/P	<b>Moist</b>	LRTI ( <b>producticve cough</b> , runny nose) <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
76	Y.B. (F), 40	S/P	<b>Moist</b>	LRTI ( <b>productive cough</b> ) <b>Moist</b> & Cold, Influenza <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A

77	<b>P.H.</b> (F), 43	P/S	<b><u>Moist</u></b>	LRTI ( <b>productive cough, wheezing chest, sore throat</b> ), Asthma (Phleg) <b>Moist</b> & Cold. Pmhx: Tonsillectomy <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	C
78	<b>N.M.</b> (M), 45	S/P	<b><u>Moist</u></b>	LRTI ( <b>productive cough</b> ) <b>Moist</b> & Cold, Leg cramps <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	A
79	<b>S.S.M.</b> (M), 57	S/P	<b><u>Moist</u></b>	LRTI ( <b>productive cough, headaches (frontal), wheezing chest</b> ) <b>Moist</b> & Cold. Pmhx: HPT <b>Moist</b> & Hot	Sang/Phleg	<b>Yes</b>	A/C
80	<b>C.E.S.</b> (F), 59	S/P	<b><u>Moist</u></b>	LRTI ( <b>productive cough</b> ) <b>Moist</b> & Cold, Influenza (productive cough, bodyaches, loss of appetite) <b>Moist</b> & Cold. Pmhx: HPT <b>Moist</b> & Hot, CHOL <u>Cold &amp; Dry</u> , Hypothyroidism Cold & <b>Moist/Dry</b>	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
81	<b>S.G.</b> (F), 60	P/S	<b><u>Moist</u></b>	LRTI ( <b>productive cough, wheezing chest, sore throat</b> ) <b>Moist</b> & Cold, Sciatica <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist</b> & Hot	Phleg/Sang/Mel	<b>Yes/No</b>	A/C
82	<b>C.G.</b> (F), 69	P/S	<b><u>Moist</u></b>	LRTI ( <b>productive cough</b> - yellow/brown phlegm, with <b>wheezing chest</b> , smoker) <u>Hot &amp; Dry</u> , Sciatica (lowerback pain radiating down the lower limbs) <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist</b> & Hot	Phleg/Sang/Mel/Bil	<b>Yes/No</b>	A/C
83	<b>T.T.</b> (F), 11	P/S	<b><u>Moist</u></b>	URTI ( <b>tonsillar lymph, nasal congestion, productive cough</b> ), <b>Headache (frontal)</b> <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A
84	<b>M.S.</b> (F), 17	S/P	<b><u>Moist</u></b>	URTI ( <b>productive cough, tonsillar enlargement</b> ) <b>Moist</b> & Hot. Pmhx: Asthma (Phleg) <b>Moist</b> & Hot, Eczema <b>Moist</b> & Hot	Sang/Phleg	<b>Yes</b>	A
85	<b>M.D.S.</b> (M), 22	P/S	<b><u>Moist</u></b>	URTI (runny nose, <b>productive cough</b> -white phlegm) <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A
86	<b>J.N.</b> (M), 24	P/S	<b><u>Moist</u></b>	URTI (dysphagia, <b>productive cough</b> ) <b>Moist</b> & Cold, Watery stools <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A
87	<b>A.P.</b> (M), 27	P/S	<b><u>Moist</u></b>	URTI ( <b>productive cough, sore throat</b> ) <b>Moist</b> & Cold, HTN 150/110 <b>Moist</b> & Hot	Phleg/Sang	<b>Yes</b>	A
88	<b>M.P.</b> (F), 28	P/S	<b><u>Moist</u></b>	URTI ( <b>productive cough</b> ) <b>Moist</b> & Cold, <b>Headaches (frontal)</b> <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A
89	<b>B.D.P.</b> (M), 28	P/S	<b><u>Moist</u></b>	URTI ( <b>sore throat, productive cough</b> ) <b>Moist</b> & Cold. Pmhx: Sinusitis <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A
90	<b>W. K.</b> (M), 29	P/S	<b><u>Moist</u></b>	URTI ( <b>productive cough, nasal congestion</b> ) <b>Moist</b> & Cold, HPT 150/100 <b>Moist</b> & Hot	Phleg/Sang	<b>Yes</b>	A/C
91	<b>H.H.</b> (M), 32	S/P	<b><u>Moist</u></b>	URTI (runny nose, <b>sore throat, productive cough</b> , bodyaches) <b>Moist</b> & Cold	Sang/Phleg	<b>Yes</b>	A
92	<b>T.B.</b> (F), 32	P/S	<b><u>Moist</u></b>	URTI ( <b>sore throat, productive cough</b> , fever, <b>nasal congestion, tonsillar enlargement</b> ) <b>Moist</b> & Cold, <b>Headaches (frontal)</b> <b>Moist</b> & Cold	Phleg/Sang	<b>Yes</b>	A

93	R.M. (M), 33	S/P	<b><u>Moist</u></b>	URTI (productive cough, vomiting phlegm, sore throat) <b>Moist &amp; Cold</b>	Sang/Phleg	Yes	A
94	N.N. (F), 35	S/P	<b><u>Moist</u></b>	URTI (productive cough, nausea, vomiting, sore throat), LOV, Pregnant) <b>Moist &amp; Cold</b>	Sang/Phleg	Yes	A
95	C.S. (M), 36	S/P	<b><u>Moist</u></b>	URTI (productive cough, runny nose, sore throat) <b>Moist &amp; Cold</b>	Sang/Phleg	Yes	A
96	C.A. (F), 36	S/P	<b><u>Moist</u></b>	URTI (sore throat, productive cough, congestion) <b>Moist &amp; Cold</b> , Myositis (MSK) (lower back pain) <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	Yes/No	A
97	C.M. (M), 36	S/P	<b><u>Moist</u></b>	URTI (sore throat, productive cough, bodyaches) <b>Moist &amp; Cold</b>	Sang/Phleg	Yes	A
98	C.D. (F), 36	S/P	<b><u>Moist</u></b>	URTI (sore throat, nasal congestion, dry cough, tonsillar enlargement) <b>Moist &amp; Cold</b> . Pmhx: Diabetes <b>Moist &amp; Hot</b> , HPT <b>Moist &amp; Hot</b>	Sang/Phleg	Yes	A/C
99	S.S. (M), 37	S/P	<b><u>Moist</u></b>	URTI (productive cough, runny nose, sore throat) <b>Moist &amp; Cold</b>	Sang/Phleg	Yes	A
100	C.B. (F), 37	P/S	<b><u>Moist</u></b>	URTI (productive cough, nasal congestion) <b>Moist &amp; Cold</b> . Pmhx: Asthma (Phleg) <b>Moist &amp; Cold</b>	Phleg/Sang	Yes	A
101	P.P. (F), 38	S/P	<b><u>Moist</u></b>	URTI (productive cough, sore throat, tonsils enlarged) <b>Moist &amp; Cold</b>	Sang/Phleg	Yes	A
102	S.I. (F), 48	P/S	<b><u>Moist</u></b>	URTI (productive cough) <b>Moist &amp; Cold</b> , Headaches (frontal) <b>Moist &amp; Cold</b> , UTI (leucocytes) <b>Moist &amp; Hot</b> , Pmhx: HTN <b>Moist &amp; Hot</b>	Phleg/Sang/Mel	Yes	A/C
103	A.L.M. (F), 55	S/P	<b><u>Moist</u></b>	URTI (runny nose, productive cough) <b>Moist &amp; Cold</b> , OA (back and knees) <u>Cold &amp; Dry</u> , HPT 140/80 <b>Moist &amp; Cold</b> , Diabetes 18.8 <b>Moist &amp; Hot</b>	Sang/Phleg/Mel	Yes/No	A/C
104	T.D.M. (F), 55	S/P	<b><u>Moist</u></b>	URTI (sore throat, mild productive cough) <b>Moist &amp; Cold</b> . Pmhx: HPT <b>Moist &amp; Hot</b> , Sinusitis <b>Moist &amp; Cold</b>	Sang/Phleg	Yes	A/C
105	C.I. (F), 56	P/S	<b><u>Moist</u></b>	URTI (productive cough, runny nose) <b>Moist &amp; Cold</b> , CHOL <u>Cold &amp; Dry</u> . Pmhx: HPT <b>Moist &amp; Hot</b> , Asthma (Phleg) <b>Moist &amp; Hot</b>	Phleg/Sang/Mel	Yes/No	A/C
106	A.B. (M), 58	P/S	<b><u>Moist</u></b>	URTI (productive cough, runny nose, tonsillar enlargement) <b>Moist &amp; Cold</b> , Diabetes 10.5 <b>Moist &amp; Cold</b> . Pmhx: Psoriasis <u>Cold &amp; Dry</u> , Inguinal Hernia <b>Moist &amp; Cold</b>	Phleg/Sang/Mel	Yes/No	A/C
107	S.T. (M), 58	S/P	<b><u>Moist</u></b>	URTI (runny nose, productive cough) <b>Moist &amp; Cold</b> , Headaches (frontal) <b>Moist &amp; Cold</b> . Pmhx: CHOL <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	Yes/No	A/C
108	T.P. (M), 59	S/P	<b><u>Moist</u></b>	URTI (productive cough, nasal congestion) <b>Moist &amp; Cold</b>	Sang/Phleg	Yes	A

109	G.S. (F), 67	S/P	<b><u>Moist</u></b>	URTI ( <b>productive cough</b> , recovering from flu, <b>nasal congestion</b> ) <b>Moist</b> & Cold. Phmx: HPT <b>Moist</b> & Hot, CHOL <u>Cold &amp; Dry</u>	Sang/Phleg/Mel	<b>Yes/No</b>	A/C
110	C.A. (F), 71	P/S	<b><u>Moist</u></b>	URTI ( <b>nasal congestion</b> , <b>productive cough</b> ) <b>Moist</b> & Cold Phmx: Hiatus hernia <b>Moist</b> & Cold, HPT <b>Moist</b> & Hot, CHOL <u>Cold &amp; Dry</u>	Phleg/Sang/Mel	<b>Yes/No</b>	A/C

No of patients and Overall Dominant Quality	Patients with Productive cough - %	Patients with Dry cough - %
<b>Moistness (47 patients)</b>	46/47 = 98%	1/47 = 0,02%
<b>Heat (22 patients)</b>	8/22 = 36%	14/22 = 64%
<b>Coldness (31 patients)</b>	29/31 = 94%	2/31 = 6%
<b>Dryness (10 patients)</b>	4/10 = 40%	6/10 = 60%
<b>Total No of patients = 110</b>	<b>Total = 87</b>	<b>Total = 23</b>